



**HEALTH INEQUALITIES GROUP
MINUTES OF MEETING OF TUESDAY 22ND FEBRUARY 2011
IN 13 NEWTOFT STREET, EDINBURGH, EH17 8RG.**

PRESENT

Rachael Marriot	VOCAL
James Brandon	Edinburgh Leisure
Hilary Roberts	Edinburgh Leisure
Lesley Baxter	Edinburgh Community Health Partnership
Pauline Fordyce	Children and Families, C L & D
Alastair McIntyre	Craigour Community Health Flat
Hugo Whittaker	South Edinburgh Healthy Living Initiative
Vivien Hutchison	CHP – Infant Feeding Adviser
Kate Burton	CHP – Employability co-ordinator
Jennifer Fairgrieve	NHS Lothian (Chairperson)
Madelaine Traynor	Services for Communities

1 APOLOGIES

Gail Bain	South East Local Health partnership
Ann Young	South Edinburgh Amenities Group
Jane Ramage	Children and Families
Hazel Rendall	VOCAL – addictions
Paul Swan	Services for Communities
Wilma Nelson	Libertus Services
Moira Haston	NHS Lothian, Oral Health Promotion.

NB 1 Madelaine informed the group that Hazel Rendall is moving on to a new post at the end of this week. The group offered Hazel their best wishes.

NB 2 Jennifer informed the group that Health Promotion are now linking in with the Neighbourhood Partnerships. Sue Muir is the Health Promotion Specialist for South East and Liz Simpson will be the link for South Central. Madelaine reported that she had already heard from Sue Muir and would be meeting with her in the near future.

NB3 Both Kate and Sue have to be added to the mailing list for the Health Inequalities Group, as has Vivien Hutchison and Hilary Roberts.

Action: Madelaine

2. MINUTES OF MEETING OF 23RD NOVEMBER 2010

2.1 It was noted that Martin Malone is in fact Mark Malone.

- 2.2 With this amendment the minutes were accepted as an accurate record of the meeting.

3. MATTERS ARISING

3.1 Dr Winstantley's Visit to Liberton / Gilmerton

3.1.1 Madelaine reminded the group that there had been a special visit to Liberton Gilmerton on 25th November to explore Partnership Working in respect of NHS Lothian. The delegation had comprised

- Dr Charles Winstanley – Chairperson of Lothian Health
- Cllr Paul Eadie Health, Social Care and Housing Leader
- Mark Turley Director, Services for Communities
- Maria Gray Children and Families, C L& D

3.2.1 The representatives from Liberton Gilmerton Neighbourhood Partnership were:-

- **Susan Bruce** Manager of the Neighbourhood Partnership
- **Evelyn Kilmurry** Partnership and Development Manager
- **David White** Partnership member and "champion" for both Oral Health and Parenting Priorities.
- **Dr Martin Foster** Associate Director of Community Dental Health service, lead officer for Oral Health priority
- **Jane Ramage** Children and Families, Early Years and Childcare, Chairperson of Parenting Priority Working Group
- **Katrina Balmer** SELHP past chair of the Older People's Priority Working Group.
- **Sylvia Latona** CEC Health and Social Care, future chair of Older People's Priority Working Group
- **Jason Lee** Representing Wilma Nelson of Libertus.
- **Scott Donkin** Services for Communities, Partnership Development Officer

3.3.1 **Madelaine Traynor** Services for Communities, Partnership Development Officer.

3.4.1 Peter Gabbitas (Director Health and Social Care) and Gillian Tee (Director Children and Families) had been unable to attend.

3.5.1 Madelaine reported that the meeting had been very successful but had overrun its time and thus the planned visit to Moredun Library and the Parent Information Point had not taken place. Visits to Libertus and the Community Health Flat had been very informative. Cllr Eadie and Dr Winstanley had expressed an interest in visiting Moredun Library at a future date.

3.6.1 Madelaine informed the group that in preparation for the visit a portfolio of information had been prepared. She informed the group that this could be provided electronically. It contained a range of useful information about the current community plan and Partnership working. She agreed to provide members of the group with copies of the portfolio document although it would not contain one or two items.

* **Action: Madelaine**

- 3.2 **Get it together Project** In the absence of both Jason Lee and Gary Reid, no information was available on this item.

4. HEALTH INEQUALITIES QUIZ

- 4.1 Jennifer welcomed Kate to the meeting. Kate is a Public Health Practitioner with a remit around Employability.
- 4.2 Kate Burton led the group in a quiz designed to highlight local health inequalities. The quiz asked a range of questions of the experience of health inequalities in Liberton Gilmerton and Edinburgh.
- 4.3 It was noted that the geographies which Kate had used to abstract the information was based on Intermediate zones, whereas the group to date had tended to look at health inequalities on the basis either of the old wards, (ie Alnwickhill, Gilmerton, Kaimes and Moredun,) or the five urban villages of Southhouse / Burdiehouse, Gilmerton, Gracemount, Moredun and Inch. The information which Kate had used had been provided by the Health Intelligence Unit.
- 4.4 One of the questions was around Fuel Poverty and members of the group queried the answer of 33% of Edinburgh residents experience fuel poverty., believing this to be too high. Kate agreed to look into this and to send information to Madelaine for further circulation.

*** Action: Kate Burton.**

- 4.5 Kate provided statistical tables which demonstrated the answers to the various questions asked in the quiz. She also tabled information leaflets for the group. Kate highlighted that changes to benefits which will take effect from 1st April 2011 and suggested that these may have a worrying impact for a number of people. Kate will be providing a briefing for G.P.s to support them with the changes. She indicated that she would be happy to come out to community groups who may have clients affected by the changes.
- 4.6 **Joint Health Improvement Plan** Kate informed the group that the JHP is currently being revised to take account of the need to focus more efforts on early child development as a means of reducing health inequalities. The recent Marmot review on England has provided evidence of the benefits of a focus on early years. A paper tabled by Kate is as follows:-

“Focus on early years will create fairer society and reduce health inequality, Marmot review says. “More public money should be spent on ensuring a high quality of early child development to create a fairer society and reduce health inequalities, an evidence based review has concluded.

Teaching parents the importance of cuddling their babies and talking to young children can help reduce behavioural problems and aid cognitive development, enabling better progress at school, said Michael Marmot, professor of epidemiology and public health at University College London, who led the independent review on tackling health inequalities in England over the next 10 years , commissioned by the government.”

- 4.7 **Health Literacy** Kate suggested that health literacy is not easily defined but summarised her understanding as the ability to understand, remember and act upon health information. She suggested that health literacy had a number of aspects, some of which were crucial for example when giving consent for surgery, etc.
- 4.8 **Discussion** Lesley reminded the group that when discussing health inequalities we should remember that these inequalities come about as a result of circumstance which “Health” alone cannot put right or influence. Finding the solutions to health inequalities is, therefore, everyone’s problem and everyone’s responsibility not just NHS Lothian. The group fully endorsed this comment .
- 4.9 Jennifer thanked Kate for her challenging quiz and the broad range of information provided. At this point Kate had to leave the meeting.

5. **EDINBURGH LEISURE – PRESENTATION BY JAMES BRANDON.**

- 5.1 James was welcomed to the meeting and in turn introduced his colleague Hillary Roberts who is the manager of Gracemount Leisure Centre. (Please see the slides from James presentation which is attached for information.)
- 5.2 James used his presentation to highlight a number of aspects of services provided by Edinburgh Leisure including Ageing Well, Healthy Active Minds, Get Going, Open All Hours. He had tailored his presentation to reflect the priorities in Liberton Gilmerton Neighbourhood Community Plan.
- 5.1.2 **Ageing Well Project** :- James provided a leaflet about this project. At present the service is offered in North and South Central Neighbourhood Partnership areas. NHS Lothian has provided funding for a further year. It is hoped to provide the service in other parts of the city.
- 5.2.2 **Healthy Active Minds,** James provided the Edinburgh Leisure guide to health and physical activity programmes and highlighted the Healthy Active Minds project. Healthy Active Minds is a physical activity referral project for inactive adults aged 18 years and over with mild to moderate mental health problems, including low mood, anxiety and depression. All participants receive a Healthy Active Minds card giving them free access to swim, gym and fitness classes at Edinburgh Leisure Venues for 12 weeks.
- 5.3.2 **Get Going** James provided a leaflet for this service which is for parents concerned about their child’s weight or level of physical activity. Get Going is a new family healthy lifestyle programme funded by NHS Lothian. It offers support to get children active, eat well and achieve a healthier weight and lifestyle. The emphasis is on fun and felling good. The sessions are free and are offered on a weekly basis for 8 weeks. Each session lasts between 60 and 90 minutes. This project is mainly for families of primary school aged children and is by health professional referral.

5.4.2 Open All Hours This is a service provided in partnership with C L & D (and FABB Scotland). In Liberton Gilmerton it is offered on a Friday evening to S1 to S6 students at Gracemount Leisure. Each session costs £1 and participants are offered the “energize” card which allows people to take part in activities and also get a range of discounts from partner organisations.

5.3 James informed the group that Edinburgh Leisure will be hosting a joint event for South Central Neighbourhood Partnership and Liberton Gilmerton Neighbourhood Partnership. The event will take place on **Wednesday 16th march 2011 at 1.30 pm in Gracemount Leisure Centre**. The group was informed that this is a meeting for service providers and practitioners and not the general public. Invitations and an agenda will be sent out in the near future. Madelaine encouraged members of the group to attend the event which she felt would be extremely useful.

5.4 Discussion

5.1.4 James was asked how well Edinburgh Leisure links in with schools and was informed that 19 high schools are involved this year. It is hoped to extend this number in future.

5.2.4 With regard to monitoring and evaluation, James reported that it is possible to track the numbers of school students using the Energise cards and thus making increased use of the Edinburgh Leisure Facilities

5.3.4 With regard to G.P. referrals it was noted that all G.P. practices have been provided with brochures on all the services offered. James agreed to seek information about which practices exploit the Edinburgh Leisure opportunities. It was noted that various members of the group may be able to assist the practices to make more effective use of the opportunities afforded by Edinburgh leisure.

*** Action: James.**

5.4.4 There was interest in the issues of men’s health. Hugo in particular suggested that there was a good opportunity for the partnership agencies to work together with Edinburgh Leisure to enhance the current level of service provision.

5.5 James had also shown a lively video about the work of Edinburgh Leisure which was very well received by the group. Jennifer thanked James for his informative presentation and the leaflets he had provided. It was agreed that James and Hillary would be included on the mailing list for future meetings.

*** Action: Madelaine**

6. DEVELOPMENT OF COMMUNITY PLAN 2011 – 2014

- 6.1 Madelaine reminded the group that the current community plan is due to end in March 2011 and that work has already begun on the development of a new plan which is due to be published and adopted by September 2011. She informed the group that the Health Inequalities Group had previously had responsibility for 3 of the 6 priorities, ie Older People's Services, Oral Health of Young Children and Parenting. At the previous meeting the group had agreed that the Oral Health should be absorbed into the Parenting Priority since further progress was dependent upon parental support for the concepts and activities.
- 6.2 Madelaine then informed the group that the wording of the various priorities were being changed to be more in line with the new style of community plan language and presentation. With this in mind she asked the group to agree that the new health related priority would be "tackling health inequalities in Liberton/Gilmerton" with the 2 principal strands remaining as Services for Older People and Parenting (including Oral Health). This was agreed by the group.
- 6.3 Madelaine then asked the group to suggest any other priorities for inclusion in the consultation process which is just beginning with the community and other partners. Alastair suggested mental health and well being, but Madelaine indicated that this subject was already covered within the Health Inequalities Group through the Mental Health and Well Being Forum. She also explained that other aspects of mental health such as Post Natal Depression were dealt with by the Parenting Priority Working Group.
- 6.4 Hugo suggested that Men's Health should be considered as a priority. Madelaine asked Hugo if he could prepare a paper outlining the reasons why men's health should be included. It was noted that a number of services for men are already in existence and an informal group of practitioners and service providers have met from time to time. Jennifer suggested that even if the issue could not be included in the community plan there was nothing to stop the issue being taken forward by the Health Inequalities Group as one of its strands. It was agreed that there was considerable scope for collaborative working to address the gaps. Hugo, James and Alastair will look at the issues and provide information to the group via Madelaine,

Action: Hugo/James/Alastair
Action: Madelaine

7. S.E.P.P.F.

- 7.1 In the absence of the two representatives, ie Jason Lee and Hazel Rendall, Lesley Baxter of the Community Health Partnership agreed to give the report.
- 7.2 Lesley reminded the group that the South East Public Partnership Forum was re-established last year and is now working well.
- 7.3 **Get it Together** Jason had recently made a presentation to the Forum about Get it Together which had been very well received.

7.4 **Survey and Web site** Members of the Forum are currently distributing survey forms to identify what is needed from the Forum web pages on the NHS Lothian web site to support the dissemination of information. She acknowledged that the current web page is not particularly user friendly or useful. It is intended that it will be rebuilt using the information received from the survey responses. This has been a good exercise to bring the group together in the early stages of development.

7.5 **GP Survey**

7.1.5 Lesley reported that the Scottish Government carried out a survey of all GP practices in Scotland in 2010. GP practices received their own practice survey results which included issues of confidentiality at receptions, understanding of information and treatment and appointment systems etc. Very few GP practices have patient groups with whom to discuss their results so a group of PPF members met with a GP Lead and came up with ideas for general changes or improvements which could be considered by practices. More information on this survey and the results of individual GP practices can be found on www.bettertogetherscotland.com

7.2.5 Practices in Edinburgh have now been asked to complete an action plan about how they have responded to the findings of their survey and they will be amalgamated to produce a city wide report. The two Edinburgh PPFs will consider how to support practices with their patient experience issues if requested. An offer to provide input to Protected Learning Time (PLT) sessions has already been taken up by a group of South Edinburgh practices. A SEPPF member (an organisation that supports young people) is delivering sessions to receptionists at a PLT in March.

7.3.5 In a reference to the earlier discussion and potential for increased involvement with Edinburgh Leisure, Lesley indicated that the PPF would be interested in providing support to practices around issues such as access to services and information provision. She reminded the group that GP practices are independent contractors and they are therefore not required to involve themselves in such projects.

7.6 **Proposal for Joint Meeting of Neighbourhood Partnership “Health Groups”**

7.1.6 Lesley informed the group that there had been a proposal for a joint meeting of the Health Groups from across the Neighbourhood Partnerships which make up the SEPPF area. Topics could include sharing themes, development of evaluation methods and what groups need to achieve their priorities. Lesley reminded the group that the various partnerships are all at different stages of development, and most are currently developing their new community plans.

7.2.6 While the group supported the idea of a joint meeting, the question of how many delegates each Health Group would have was raised. Lesley indicated that while there would need to be a cap on participant numbers, some agencies, such as Edinburgh Leisure, would be invited in their own right since the work they undertake may cover more than one neighbourhood partnership area.

7.3.6 Lesley indicated that within Lothian Health there has been a long standing desire to work with the Neighbourhood Partnerships. However there are 12 partnerships across the city and the CHP has a relatively small number of people serving the whole of Edinburgh whose remit is solely inequalities / health improvement. It was noted that the Community Health Partnership is currently being restructured. She emphasised that while there is the desire and need to work in partnership, we must also work within the current prevailing constraints.

7.4.6 Lesley hoped that there are many opportunities for working together, eg staging events, pooling resources and information where appropriate, in order to facilitate mutual support.

7.7 **Liberton/Gilmerton representation on PPF.** With Hazel Rendall leaving her post with VOCAL, it was agreed that the group would need to nominate a replacement representative to the PPF. Also the group agreed that it would need to look at how a 2 way mechanism could be implemented with regard to representatives. This is to be on the agenda for the next meeting.

*** Action: Madelaine**

8. PRIORITY AND ASSOCIATED GROUP REPORTS

8.1 Composite Report

8.1.1 The composite report had been prepared and circulated on Thursday of last week. However, a few more items had come in prior to the meeting and were tabled at the meeting. The group welcomed the provision of the composite report. Madelaine agreed to absorb the new reports into the overall report and to re-circulate it.

*** Action: Madelaine**

8.2.1 Madelaine commended Pauline for encouraging the Community Learning and Development Centres for providing reports. These were excellent and provided a range of information which would be useful throughout the partnership processes.

8.3.1 Within each report is a section called "Burning Issues" This is to allow members of the group to bring concerns to the attention of the group. Ann Young of SEAG had indicated that she had concerns about the cuts in funding and how they would be managed. It was agreed that this would be on the agenda for the next meeting.

*** Action: Madelaine**

8.4.1 The group agreed that the composite report was worthy of further development, since it provided a written record while at the same time freeing up time for discussion at the meeting.

- 8.2 **Drugs and Alcohol Practitioners Forum** Madelaine reported that this Forum had met recently on 2nd of March. While the meeting itself had been very useful, it had been relatively poorly attended. In informal conversations with some of the Forum members it appears that the change to Wednesday afternoons may be unsuitable as people may have service delivery commitments. With this in mind Madelaine has written on behalf of Jennifer to members of the group to ask for their comments on how the group can be revitalised and to indicate a time which is most suitable to them.
- 8.3 **S.E. Older People's Services Group** Madelaine informed the group that this working group would be reconvened tomorrow, ie 23rd February. The meeting would take place at 2.00 pm in 13 Newtoft Street, Edinburgh. One of the tasks of the group will be to develop an Older Persons' event in May. She invited Edinburgh Leisure to be part of this event.
- 8.4 **Mental Health and Well Being Group** Madelaine reported that this group was also about to be reconvened. It would meet on Wednesday 9th March 2011 at 2.00 pm in 13 Newtoft Street. It was agreed it would be appropriate for Alastair to attend this group. One of the items on the agenda would be Men's Health.
- 8.5 **Sense of Belonging Consultation** It was noted that a consultation event on the "Sense of Belonging" , is taking place on Friday 25th February at the Hibernian Stadium. Madelaine encouraged members of the group to participate in the consultation opportunities outlined in the paper which had been circulated. It was noted that Madelaine will be at the consultation event and will report back to the Mental Health and Well Being group and also to this group.
- * Action: Madelaine**
- 8.6 **Meeting with Douglas Munroe.** Madelaine drew the attention of the group to a file note of a meeting she had had recently with Douglas Munroe of the **Residential Rehabilitation and Referral Team.** Douglas and she had discussed the possibility of having a workshop of some sort. However, in view of the various activities on going and already reported at the meeting today, she would look further into this to ensure the optimum attendance and relevance for members of the Drugs and Alcohol Practitioners Forum and the Health Inequalities Group.
- 8.7 **Parenting Priority Working Group** There was no written report since the group had not met since the last HIG meeting. However there would be a parenting event on Friday 18th March 2011 at Valley Park Community Centre. The purpose of this event was to provide parents with information about services and also to seek their views and suggestions. Madelaine suggested that this would be of particular interest to Vivien. The next meeting of the Parenting Priority Working Group will take place on Tuesday 12th April 2011 at 2.00 pm in 13 Newtoft Street, Edinburgh, EH17 8RG.

9. A.O.C.B

- 9.1 No further business was discussed

