



**HEALTH INEQUALITIES GROUP
MINUTES OF MEETING OF 25TH AUGUST 2009
IN 13 NEWTOFT STREET, EDINBURGH, EH17 8RG**

Present

Pauline Fordyce	CEC Children and Families, CL & D
Paul Swan	CEC Services for Communities
Margaret McIver	Community Representative
Mareka Dutchyn	NHS Lothian, Keep Well Project
Wilma Nelson	Libertus Services
Karen Shields- Lindsay	CHILDREN 1 ST
Moira Haston	NHS Lothian, Dental Health Promotion
Gail Bain	SE Local Health Partnership, Public Health Nurse Manager
Jane Ramage	CEC Children and Families, Early Years and Childcare
Karen Carrick	EVOC, S.E. Voluntary Sector Support Project
Jennifer Fairgrieve	SELHP – Community Development Facilitator – Chairperson
Madelaine Traynor	CEC, Services for Communities

In attendance

Sheena McLaughlan	NHS Lothian, Health Promotion
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1 APOLOGIES

David White	Community Health Partnership
Kenny Richardson	SE Local Health Partnership – Keep Well Project
Lesley Baxter	CHP – Patient Involvement Officer
Marion Woodward	SELHP – Smoking Cessation Co-coordinator
Lisa Rice	VOCAL – S.E. Carers' Support
Anne Jepson	Bridgend Community Allotment Project

Madelaine informed the group that Anne Jepson was now on Maternity Leave. The group sent its best wishes to Anne.

2. WELCOME AND INTRODUCTIONS

- 2.1 Madelaine introduced and welcomed Jennifer Fairgrieve as the chairperson of the Health Inequalities Group. Jennifer then welcomed everyone to the group. Members of the group introduced themselves, giving a brief indication of their role within the group.

3. MINUTES OF MEETING OF 24TH FEBRUARY 2009

3.1 These were accepted as an accurate record of the meeting

4. MATTERS ARISING

4.1 Patient Involvement Exercise – Experience of Hospital Discharge.

4.1.1 Madelaine reminded the group that last spring and summer a substantial piece of work of Patient Involvement had been carried out by the South Edinburgh Partnership on behalf of the CHP. There had been 2 aspects to this work, 1) to obtain a snap shot of the experience of patients upon their discharge from hospital and 2) to obtain a snap shot of whether patients were receiving access to a Health professional within 48 hours of contact with the GP practice.

4.2.1 **Discharge Survey** Madelaine informed the group that this survey had now finally been discussed at the most recent meeting of the Community Health Partnership. At that meeting the report had been welcomed and it had been agreed that further exploration of the issues raised, eg long waits for medications and discharge letters, could be undertaken. With this in mind, Madelaine will meet with Lyn McDonald of the Royal Infirmary of Edinburgh in the near future to begin the process.

4.3.1 The group welcomed this development and Madelaine agreed to inform them of the outcome of the meeting.

4.4.1 **48 hour access to a Health Professional** Madelaine provided the group with background information to the development of the 2 surveys and how they had come about. She reminded the group that this survey had seen a 25% response rate which is quite exceptional. Further a high proportion of people had taken the trouble to complete the narrative elements of the surveys not just the tick boxes. This again was quite exceptional.

4.5.1 Madelaine asked for the group's guidance on what should be done with this survey and its findings, given that around 250 local people had responded, a sizeable number of whom had highlighted issues about ease of access to their GP practice.

4.6.1 There was some discussion about the ownership of the piece of work, and Madelaine informed the group that it was the property of the Community Health Partnership. The group instructed Madelaine to provide the report to Bob Anderson, Chair of the Community Health Partnership and to request him to provide feedback on what subsequently happened to the findings. The group was keen that this work was not "lost" but rather that its findings were acted upon in order to benefit the residents of the area, and beyond.

* **Action: Madelaine**

5. NHS Lothian – Health Training Opportunities

- 5.1 Jennifer welcomed Sheena McLaughlin, Senior Health Promotion Specialist to the group.
- 5.2 Sheena had brought with her copies of the current training programme which is available through Health Promotion services and encouraged members of the group to take advantage of the wide range of training opportunities.
- 5.3 Sheena informed the group that the training offered was about building capacity in the agencies, while focussing on health inequalities. She informed the group that in devising the curriculum the team hoped to build on existing skills and knowledge within Health Promotion, in order to build community development, identify and fill gaps where possible. She indicated that they work in partnership with other agencies eg the Voluntary Sector, to provide the most relevant courses.
- 5.4 Sheena emphasised that the courses offered are free and of very high quality. They are evaluated and this offers a double purpose in ensuring that the courses are relevant and of a sufficiently high quality to meet the needs of the participants.
- 5.5 Sheena indicated that she is passionate about these courses and about Health Promotion, and again encouraged the group to take advantage of the courses on offer.

5.6 Discussion

5.1.6 Jennifer thanked Sheena for her contribution and invited the group to ask any questions. Jane Ramage welcomed the booklet and Sheena's talk and agreed that the booklet would be a useful tool for a number of groups eg the Parenting Priority Working Group. She indicated that she and her colleagues would be looking to make a more strategic use of such training opportunities in future.

5.2.6 **Monthly Lunch Time Seminars.** Madelaine reminded the group that NHS Lothian Health Promotion also provides a very valuable series of lunch time seminars on health inequalities issues. These are generally held in the Engine She. Members of the group who expressed an interest in attending these seminars, provided their email addresses to Sheena who will ensure they are included on future emailings.

*** Action: Sheena**

6. FAIRER SCOTLAND FUND PANEL

- 6.1 Jennifer informed the group that at the recent meeting of the Fairer Scotland Fund Panel a number of recommendations from the various Working Groups had been considered. The following allocations of specific interest to the health Inequalities Group had been agreed – subject to the approval of the Edinburgh Partnership and the City of Edinburgh Council.

- (a) **SEAG** £28,000 (One-off) towards the provision of a replacement mini-bus. Match funding of £15,000 is already in place.
- (b) **VOCAL** £8,000 for each of 2 years for a “spot Purchase” fund which can be accessed by both the VOCAL projects in the area.
- (c) **ORAL HEALTH OF CHILDREN** £10,000 (one off) for the provision of utilities umbilical points to allow the mobile dental surgery to be used more widely in the community.
- (d) **POST NATAL DEPRESSION SERVICES** - £10,000 for each of 2 years for Post Natal Depression Counselling services for the area.

6.2.1 The group welcomed these allocations. Madelaine informed the group that work has already started on obtaining costings and identifying targets etc in preparation for confirmation being received.

6.3.1 Jennifer welcomed these allocations and indicated the group would look forward to progress reports in due course.

7. COMMUNITY PLAN

7.1 The abstract from the Action Plan as it related to the Health Inequalities Group priorities and responsibilities was tabled for information and discussion. Madelaine reminded the group of the background to the creation of the community plan and to its action plan.

7.2 Madelaine informed the group that there are 3 priorities for which the Health Inequalities has development and implementation responsibility, ie

- (a) **Support For Parents And Children At All Ages And Stages** (known simply as the Parenting Priority)
- (b) **Enhancing The Services For Older People** (known simply as the Older People’s Priority)
- (c) **Improving Oral Health For Young Children** (known simply as the Oral Health Priority)

7.3 The group then discussed the wording of the outcomes of each of the three priorities and indicated that these were adequate for the purposes of the group. It was noted that these had been agreed through a considerable process of engagement and consultation. They also agreed that the existing indicators for measurement of the outcomes should remain in place, although it was noted that other indicators may be added in future as the work around the priorities develops.

8. UPDATES ON DEVELOPMENT ON PRIORITIES

8.1 **PARENTING PRIORITY** Jane informed the group that this work was moving steadily forward.

8.1.1 The TAC (**Team Around the Child**) was currently being evaluated. It had started at a small level and was now looking to expand. She reminded the group that TAC is part of the Getting it Right for Every Child (GIRFEC) strategy. She acknowledged that TAC has had some difficulties and complexities but it is hoped to roll it out more widely in the New Year. She reminded the group that TAC is about professionals working more closely and collaboratively together, while recognising parents as part of the team.

8.2.1 SPACE

- (a) **The mapping exercise** of parenting programmes was now complete. This would be presented to the Parenting Working Group when it meets on Thursday 27th August 2009.
- (b) **Outreach Team** has now been established and is operational, Formal feedback from this is expected in September.
- (c) **Parent Information Points** will be established shortly in Moredun Library and Gilmerton Library. Work is on going with Community Centres about possible location of Parent Information Points.
- (d) The two seconded workers Liz Ersoy and Pat Southall have agreed to provide Jane with a timeline of development and their involvement in the project in Liberton/Gilmerton. It was noted that Liberton/Gilmerton will no longer have their dedicated time after 31st March 2009;

8.3.1 CHILDREN 1ST

- (a) **Incredible Years** Karen Shields- Lindsey reported that CHILDREN 1ST had just completed a course of Incredible Years Parenting.
- (b) **Inspiring Scotland** She reminded the group that CHILDREN 1ST had received funding from Inspiring Scotland to provide services to 14 – 19 year olds and their families. This was now in its set up phase. The team would be based in Craigmillar and the team would consists of 2 workers and an admin worker. It would be working extensively with volunteers.
- (c) **Befriending Service** The Craigmillar service was now closed but the young people had been transferred to the Inspiring Scotland service which will operate in Liberton/Gilmerton and Craigmillar. Bfriends is still operating in South Edinburgh and at present they are working hard to reduce the waiting lists.
- (d) **Young Parents Group** This is a joint venture with Gilmerton Child and Family Centre and Karen reported that it is going from strength to strength.

- (e) **Kinship Carers** This group is about to be re-established, The first meeting of the group had proved to be unsuccessful because of a misunderstanding of its purpose. Karen informed the group that the purpose of the group was therapeutic.

8.4.1 **Equalities Groups** Jennifer reported that a Health Visitor from Inch was working with 69 families from ethnic minorities at present, of which 7 were Chinese and 62 were described as Arabic. It was planned to hold open days at Craigour Community Health Flats for these groups in September and October. Gina is preparing a report for Gail and NHS Lothian is funding the open days.

8.5.1 **Discussion Kaimes Forum** Margaret informed the group of her very worrying concerns about young people as reported at a recent meeting of the Kaimes Forum. She indicated that many residents are up in arms about children in the Gracemount area and indeed had referred to the children as "feral". She provided the example that 2 children aged 3 – 4 had been found unattended in a car.

8.6.1 The group members were dismayed by this report by Margaret and indicated that these issues will have been brought to the attention of the Tactical and Co-ordinating Group of the Neighbourhood Partnership which is a multi agency group led by Lothian and Borders Police. It will also have been referred to the Youth Issues Group. Madelaine agreed to ensure that Scott Donkin is made aware of these concerns.

* **Action: Madelaine**

8.7.1 Paul Swan agreed to meet with Margaret to discuss her concerns and to take the issues forward

* **Action Paul/Margaret**

8.8.1 The group welcomed these strong developments around parenting.

8.2 **OLDER PEOPLE'S PRIORITY**

8.1.2 **Health Promotion aspect** Madelaine agreed to contact Health Promotion with a view to seeking support for the work to be undertaken.

8.2.2 **Access to Benefits Pilot Project** Wilma reported that the recent pilot to provide a service to people in order to assist them access benefits and welfare services to which they were entitled had not had a good take up, possibly because the settings visited by the project was for people who are already engaging with the community in some form. A different approach, therefore, was needed to get to those people who are not in any of the usual networks. Wilma pointed out that people getting services are already getting a good level of information, advice and support.

8.3.2 **Increased Interaction with Care Homes** Wilma informed the group that although this item is in the Action Plan it is a very complex issue. The onus and responsibility is on the care homes to make the lives of the residents meaningful. She indicated that most Care Homes should have an activities co-ordinator who should organise all activities and outings for the residents. The group welcomed this insight into the issues and while acknowledging that it is important that residents of the care homes should be more included within the community, there were major issues which needed to be examined. It was suggested and agreed that the Council, via Health and Social Care should put more pressure on care homes to be more pro-active on involving their residents more fully in the community.

8.4.2 It was agreed that this issue should be on the agenda of the next meeting of the Older People's Priority group when it next meets.

***Action: Madelaine**

8.5.2 **Lothian Dementia Project** Wilma reported that this work was being taken forward as part of a national study being led by the University of Stirling. This had provided funding for training throughout the Community.

8.6.2 **Referral and Resource Group** In response to a question Wilma informed the group that the Referral and Resource Group which allocated services to people in the community is functioning well and has made a positive difference for both services providers and users.

8.7.2 The multi-agency group is made up of service providers and meets monthly to allocate services to meet the client's needs. The group takes referrals from Social Work, Health Visitors, Home Carers, Friends and Family and hospitals. Among the services allocated are day care, lunch clubs, activities etc.

8.8.2 Wilma reported that the waiting lists for services have gone down since the implementation of the Referral and Resources Group.

8.3 **ORAL HEALTH PRIORITY**

8.1.3 Madelaine informed the group that some major developments had taken place around Oral Health. She informed the group that Martin Foster, the Assistant Clinical Director of the Community Dental Health Service had managed to secure the use of the dental surgery at Conan Doyle Medical Centre for use as a children and young people's surgery and had also put in place a full team comprising two full time salaried dentists, a dental therapist, dental nurses and admin workers. This meant that from having no community dental health services in the area, there was now at Cameron Toll a well resourced service.

8.2.3 The group congratulated Dr Foster on his efforts and achievements.

8.3.3 The group also welcomed the funding allocation of £10,000 from the Fairer Scotland Fund and looked forward to this being confirmed in due course.

8.4.3 Moira Haston informed the group that a letter will be sent to every parent through the schools in the first instance to inform them of the service, although it is hoped that families who already have a dental practitioner will remain with them and will not transfer to the new service.

8.5.3 It was noted that this service will see children from soon after birth if that is what the parent wishes, while many dental practices do not like to see the child until s/he has a number of teeth.

8.6.3 Madelaine informed the group that she will keep the group informed regarding the Fairer Scotland Fund Allocation and how it is utilised.

8.7.3 The group warmly welcomed these very positive achievements around oral health for children and young people.

9. . WORKING GROUPS/PROJECTS UPDATES

9.1 Craigour Community Health Flat

9.1.1 Jennifer informed the group that the Craigour Community Health Flat had now been formally launched and was operating well. A co-ordinator post for 15 hours will shortly be advertised. Among the services on offer are Complementary Therapies, Working for Families and services for Older People. Please also see Para 8.4.1 which refers to work done with families from black and ethnic minority communities.

9.2 **Drugs and Alcohol Practitioners' Forum** There has not been a meeting this cycle. Madelaine informed the group that the next meeting will take place on **Monday 14th September at 12 noon in 13 Newtoft Street.**

9.3 **Older People's Services Group** The South East Older People's Services Group had met on 12th August 2009. A synopsis of the meeting had been included in the paper which had been provided for information.

9.4 **Mental Health and Well-Being Forum** There had not been a recent meeting of this group. Madelaine informed the group that Kenny Richardson of the Keep Well project had agreed to chair this Forum for the time being. Madelaine and Kenny would meet next week in order to devise the agenda for the next meeting of the Forum. The next meeting of the Forum will take place on **11.30 am on Wednesday 9th September 2009 in 13 Newtoft Street, Edinburgh EH17 8RG.** Madelaine reminded the group that Mental Health is an issue which is relevant to all six of the Neighbourhood Priorities and as such anyone with an interest in mental health and well being would be welcome to attend the forum

9.5 **Keep Well** Jennifer welcomed Mareka Dutchyn to the meeting. Mareka provided the group with a concise overview of the Keep Well Project as it operates in the South East Local Health Partnership Area,

➤ The Keep Well Project was originally set up as the 2020 project. Its primary remit was to reduce the incidence of Cardio Vascular Disease in the older population by early intervention with people aged 45 – 60.

- The service was targeted at practices identified as having high levels of need. In South East these were Gracemount Medical Centre, and Ferniehill in Liberton/Gilmerton and Craigmillar Health Centre and Durham Road Practices in Craigmillar.
- Letters were sent out to patients to invite them to attend and this was also followed up with a telephone call when appropriate,
- The service offers a 40 minute meeting with a nurse at which a range of tests are undertaken, and advice offered. If necessary patients will be referred back to the GP for further tests/treatment or to other agencies/specialists for support eg smoking cessation.
- Although set up to address CVD the project also looks at a range of other issues such as diabetes, cancers, anxiety, depression, general well being etc.
- The project is currently looking to provide out of hours services.
- Clients of the project must be registered with one of the identified practices.
- The service is based at Gracemount Medical Centre.

9.1.5 Jennifer thanked Mareka for her information presentation, and encouraged members of the group to remind their clients or service users to attend appointments where possible.

9.6 **Bridgend Community Allotment Project** Anne Jepson had provided a paper on the Bridgend Community Allotment project, As time was limited this was noted although it was agreed it should also be provided to the Mental Health and Wellbeing Forum.

9.1.6 **Garden at Gracemount Medical Centre** It was agreed that Paul and Jennifer should meet to discuss this when Jennifer returns from Holiday.

* Paul/ Jennifer

9.2.6 **The Bridgend Farmhouse.** Hugo informed the group had been hoped to convert the farmhouse into a resource centre for health and well being for the communities of Craigmillar and Liberton/Gilmerton. However a recent study had shown that the building work would require around £1.4m and while there remained a lot of enthusiasm, the problem of funds was obviously problematic.

10. ALTOGETHER BETTER

10.1 Hugo tabled a leaflet which outlines to parents and carers the services which Altogether Better will offer. (NB Altogether Better will contribute significantly to the Parenting Priority.)

10.2 Among the services will be:-

- **Relaxation programmes** – complementary therapies, yoga and reducing stress
 - **Getting Active** – parents and carers meeting up to go walking, cycling, jogging and gardening.
 - **Fun with Food** - the chance for parents and carers to grow food, cook and eat meals together.
 - **Activities for parents, children and families together** – play activities outdoors, indoors and at home; growing food, cooking and eating meals together.
 - **Support Groups** – parents supporting each other to deal with the challenges of bringing up pre-school and primary age children and teenagers.
 - **Having your say** in what other support you think parents need, and having a chance to get involved to make this happen.
 - Contact details Amanda on 0131 664 0555 or enquiries.sehli@btcommenct.com
- 10.3 Hugo then made a verbal report as follows:- The full team is now in place and the induction process is well underway. It is possible that the team may use the Community Health Flat as a base.
- 10.4 There will be a big emphasis on volunteering. Courses will be offered to meet the needs of the parents and families, eg in evenings and at week-ends.
- 10.5 This will be a major aspect of the Parenting Priority, at the early intervention stage. Access to Altogether Better can be by referral or signposting by an agency or by self referral. The project will seek advice from member agencies of the Health Inequalities on this issue. The project will report back to the Parenting Group.
- 10.6 Funding for the project has been received from a number of sources including the Health Improvement Fund, the Fairer Scotland Fund of the Liberton/Gilmerton Neighbourhood Partnership and the Big Lottery.
- 10.7 Jennifer thanked Hugo for this information and the group wished SEHLI and the Altogether Better Team well in this innovative project.
- 10.8 **COMMUNITY HEALTHY WEIGHT PROJECT.**
- 10.1.8 Hugo informed the group that a bid had been made for the development of a project designed to change the views and culture towards a healthier lifestyle which would in turn reduce the incidence of obesity in the community and encourage healthy eating. The bid had been successful and SEHLI will work in collaboration with Pilton Community Health project to develop and deliver the service.
- 10.2.8 Hugo informed the group that Stirling University Social Marketing Department will be involved in the monitoring and evaluation of the project.

10.3.8 A local steering group would be required and Hugo suggested that he Madelaine and the Community Dietician should be included as should the Active Schools Co-ordinator. Madelaine agreed to meet with Hugo and Marion to look at the activities and outcomes of the project.

***Action; Madelaine/Hugo**

11. A.O.C.B.

11.1 South East Local Health Partnership - Health Inequalities Team Report

11.1.1 Jennifer reminded the group that SELHP has a Health Inequalities Team which meets regularly. She proposed, with the group's consent, that the notes or a report from this group would be provided to the HIG for information and discussion. The group agreed this course of action.

11.2 Joint Bid for Funding – ECFE and SEHLI Hugo reported that a consortium bid had been made by ECFE (Edinburgh Community Food Initiative) for funding in relation to training around food and nutrition. He would inform the group of the outcome of the bid.

11.3 Management of Next Wave of Swine Flu

11.1.3 Wilma informed the group that the Swine Flu was expected around October and it was projected that as many as 50% of the workforce could be affected by the outbreak. Wilma proposed that this group built a consortium to share staff and support each other in the event of an outbreak in Edinburgh.

11.2.3 It was agreed that a special meeting should be called to discuss the issues. This was agreed as **Friday 11th September 2009 at 11 am** in 13 Newtoft Street, Edinburgh, EH17 8RG. Wilma will chair the meeting.

11.3.3 It was agreed that Madelaine should draw the attention of the Board to this issue and seek their support.

*** Action: Madelaine**

11.4 Themed meeting of Neighbourhood Partnership Board

11.1.4 Madelaine informed the group that it had been agreed at the Neighbourhood Partnership seminar in June that some of the neighbourhood Partnership Board meetings should be specifically community oriented and themed. At the recent Agenda Planning meeting it had been suggested that the theme for this meeting should be Older People and their services.

11.2.4 However, when this had come to the Officers' Support Group the suggestion had been made that the theme should be wider to encourage the engagement of the whole community, given that this was the first of such meetings.

11.3.4 The recommendation of the Officers' Support Group was that the meeting should be themed around the development and achievements of the Community Plan Priorities with a special focus on Older People.

11.4.4 The group and the various priority working groups would be informed of the outcome of the Neighbourhood Partnership Board's decision.

*** Action : Madelaine**

12. DATE AND VENUE OF FUTURE MEETINGS

12.1 The group agreed the proposed dates and venues but acknowledged they were subject to change should circumstances require it.

2009 Tuesday 24th November 2009 at 9.30 am

2010 Tuesday 23rd February 2010 at 9.30 am
Tuesday 18th May 2010 at 9.30 am
Tuesday 17th August 2010 at 9.30 am
Tuesday 23 November 2010 at 9.30 am

12.2 All of the above meetings will be held in 13 Newtoft Street, Edinburgh, EH17 8RG.