

Information Bulletin for North and South Edinburgh Public Partnership Forums and city wide networks

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Section 1

Classes, Courses, Training, and Support

1 Home Care and Support Service

(Health and Social Care Department, City of Edinburgh Council).

Helping people to live at home and lead lives which are as full and independent as possible.

Help and support can be given for the following

- Help with personal and other essential tasks e.g. washing, dressing and preparing meals.
- Providing equipment and adaptations to help keep you safe in your home e.g. pickup reachers, dressing sticks and grab rails.
- Assisting people to take part in day time activities e.g. lunch clubs, community groups and courses.
- Carer support for the family or friends who are looking after someone.

For information and advice on a wide range of adult social care services contact

Social Care Direct, Chesser House, 500 Gorgie Road, Edinburgh EH11 3YJ

Telephone: 0131 200 2324

Website: http://www.edinburgh.gov.uk/info/1350/care_and_support

Email: socialcaredirect@edinburgh.gov.uk

2 The Aberlour Child Care Trust

The Aberlour Child Care Trust is a Scottish child care voluntary organisation. Its aim is to provide care, help and support for children, young people and families whose development or well-being is threatened by disadvantage or deprivation, or may be enhanced by timely intervention.

Work is current in the fields of

- * Children and Families affected by Drugs and Alcohol
- * Children and Families affected by Disability
- * Working with Young People
- * Parenting and Young Children's Development

If you would like to refer yourself or get some more information please call

Outreach Edinburgh, SPACE, 11 Harewood Road, Edinburgh EH16 4NT

Telephone: 659 2942

edinburgh.outreach@aberlour.org.uk

3 **Inclusion Scotland Membership - join for FREE!**

Inclusion Scotland is an innovative partnership of disability-led organisations, individual disabled people and other organisations, which was established in 2001 and who support the principles of social inclusion, independent living and equality in society. Accept Inclusion Scotland's invitation to free membership and receive their free weekly e-bulletin and free monthly e-newsletter. Each e-bulletin update and newsletter is packed with information, events, activities, views, news and features. In addition, you may wish to recommend Inclusion Scotland's free Policy into Practice Project (Contact 100) to any disabled people who are interested in joining their e-forum.

To join, please contact Angela Marshall on 0141 221 7589 or email angela@inclusionScotland.org.

4 **Outside the Box e-bulletin**

Outside the Box Development Support provides training, advice and on-going assistance to people from communities in Scotland who want to make changes. OtB gives practical support and enables people to learn the types of skills that are important both for establishing new ventures and for sustaining them. OtB work with:

- groups that are led by disabled or older people
- groups that support people who are living with the consequences of poverty or social isolation
- groups which are led by, or are supporting, people who are also experiencing additional barriers, for example as a consequence of age, ethnicity, gender or sexuality
- individual people, families, friends and other informal carers.

Sign up to their e-bulletin at <http://www.otbds.org/>.

Outside the Box resources

1) Making Changes in Our Own Lives

Sometimes people want to make changes in their own lives. Outside the Box has developed a resource that will help you do that. It brings together ideas and suggestions from many people Outside the Box has worked with. People can use it when they want information for themselves, or for a friend or relative. Staff can use it to get extra information for people they support or work with. You can find out more by going to http://www.otbds.org/index.php/project/view_details/99/.

2) Having Our Say – The Next Stage

Outside the Box did an evaluation of the Care Shelter in Edinburgh run by the Bethany Christian Trust in 2010 and the report describes the ideas homeless people and volunteers had for ways to improve the service.

Outside the Box then worked with them again in 2011 as a follow up and the report describes the changes that followed in Edinburgh and in other parts of Scotland. To read the report and find out more, go to http://www.otbds.org/index.php/project/view_details/89/.

5 **Joyworks! Training**

Come and learn how use laughter as a therapeutic or teambuilding tool with leading trainers of laughter therapy in Scotland. You will be trained by Joyworks! Director Sharon Miller, who has 20 years extensive experience of facilitating diverse groups and was trained by Dr Kataria (founder of laughter yoga) in India.

Certified Laughter Yoga Training

Saturday 17 & Sunday 18 September 2011 - Edinburgh

At the end of this weekend course you will be registered and endorsed as Certified Laughter Yoga Leader -an internationally recognised qualification. You'll receive a 60page e-manual and leave inspired and empowered to lead laughter sessions in a wide range of settings (school, hospitals, seniors, special needs, recovery and corporate) or set up your own local laughter club.

Places are limited. Please book via the website www.joyworks.co.uk or contact Sharon

07842414765 for more information.

6 Suicide prevention youth film and features resource

A film made with young people in the North and East of Glasgow is now available to view. The film aims to encourage young people aged 16-19 to seek help early at times of crisis and to improve their likelihood to support each other when things are difficult. It has been developed by young people from North and East Glasgow but is of relevance to young people nationally. The film acknowledges that young people experience a wide range of stressors which impact on their mental health. The key messages of the film are that young people are not alone when experiencing distress, it's normal to sometimes feel this way and that help is there if they need it. It lets them know how they might be able to help themselves and their friends through difficult times in their lives and contains information about sources of support.

The film development aspect has been led by Positive Mental Attitudes, an NHS organisation. To view the film, visit <http://www.youtube.com/user/NAEdrama>.

For more information, visit the 'Nae Drama' Facebook page [here](#).

7 The community development reader

Community development emerged as a recognisable occupational activity in the United Kingdom in the 1950s. Since then, whilst struggling to remain true to its basic values it has often been manipulated to serve differing policy and political purposes. This unique Reader traces its changing fortunes through a selection of readings from key writers. It will be invaluable to those pursuing community development careers, for activists, and for all those teaching, training and practising community development.

For more information, please visit the Policy Press website [here](#). This title is currently available from the website with 20% discount.

8 Contact a Family News

New 'Siblings' Podcast. Families come in all shapes and sizes and having a disabled child or child affected by a long-term health condition has an effect on the whole family. Parents often contact us concerned about how to support the brothers and sisters of their disabled child. In this new podcast a sibling talks about her experience and the impact on her life. For this and details of our other podcasts visit <http://www.cafamily.org.uk/news/podcasts.html>

9 Guide for parents on future benefit changes

Contact a Family has produced a free guide to Future Benefit Changes. Changes include replacing means tested benefits such as income support with a new 'universal credit', major reform of Disability Living Allowance and cuts in housing benefit.

Call Contact a Family's free Helpline now to order your copy of Future Benefit Changes – 0808 808 3555.

10 Ethnic Survivors Forum

The [Ethnic Survivors Forum](#) is a new culturally sensitive service available for minority ethnic communities and professional bodies. It offers support services for minority ethnic adult survivors of childhood sexual abuse, including: a Freephone telephone helpline (a confidential service that offers support and a listening ear as well as details of local support services); a unique interactive website offering information, resources and support via an online forum where adult survivors can share their own personal stories of survival; and, a Group Support Programme where adult survivors can meet and share their experiences in a safe and secure environment. The Ethnic Services Forum is supported by Survivor Scotland. Please contact Nasim Azad from Beyond the Veil at beyondtheveil@hotmail.co.uk who are the Edinburgh partners for the Forum, for a presentation to your organisation to learn more about this service or to arrange an awareness session for your service users.

11 Wester Haven - Macmillan Cancer Information and Support Centre

The 'Wester Haven' is a new support & information centre for people & families affected by cancer living in South West Edinburgh offering;

The service will be based in the Wester Hailes Health Agency, 40 Dumbryden Drive, EH14 2QR and will initially run every Thurs from 12noon -3pm.

- Information and support
- A confidential listening ear
- A friendly relaxed environment
- Free complementary therapies
- Free welfare benefits advice
- Free counselling service
- Free Dietician advice and physical activity programme

This drop in is for anyone who is interested in finding out more about this new project or simply wants to come in for an informal chat and support. You can also just pop in and pick up information about cancer and cancer care for yourself or someone you know and a Macmillian health professional will be on hand to answer any questions you may have.

Wester Haven- Macmillan Cancer Information and Support Centre, C/O Wester Hailes Health Agency, 40 Dumbryden Drive, Wester Hailes, Edinburgh, EH14 2QR

Tel: Rossi Durie on 0131 458 3080

rossi@whhealthagency.co.uk

12 **VOCAL - Short Breaks Fund for Carers**

VOCAL has secured a grant enabling us to offer funding and assistance to carers seeking a short break. A short break, sometimes still called respite, is any activity which provides a break from normal living and care routines for the carer and/or the person receiving care. A Short Break can cover a multitude of activities designed to suit the carer and/or person receiving care, and may include transport costs, accommodation, leisure activities, supported holidays or a series of short weekly breaks.

VOCAL is keen that as many carers as possible hear of the opportunity. Carers can apply themselves or professionals can support them to apply. Please contact Jane Greenacre on 0131 622 6666 or at JGreenacre@vocal.org.uk for an information pack.

13 **Short Break Respite Care**

Speyside Trust, Badaguish, Aviemore

For children with learning and multiple disabilities (24 hr. care).

Badaguish offers an exciting yet sheltered environment which people of all abilities can enjoy. Discover new skills and abilities with safety and confidence in the care of our experienced and qualified team.

Speyside Trust is a Scottish Charity which has provided high quality respite care activity holidays at Badaguish for 25 years.

We welcome adults and children of all abilities.

Contact: e: Silvie.m@badaguish.org

Telephone: 01479 861285

14 **VOCAL – Legal Surgeries**

Carers supporting someone with capacity issues or the potential to develop capacity issues can often find themselves paying expensive solicitors fees, uncertain what to do or unable to help the person they are supporting make decisions. VOCAL has two free appointment based surgeries that can help.

Power of Attorney Surgeries

Free advice and assistance creating Power of Attorney documents which can be registered with the Office of the Public Guardian. This service means that the carer does not need to meet with a lawyer and can save valuable money.

Legal Surgeries

Free initial advice from a solicitor who specialises in estates law. These sessions are geared towards financial planning and look at issues such as Guardianship, creating a trust and leaving money through a will.

Both surgeries take place at VOCAL Carers Centre, 8-13 Johnston Terrace, Edinburgh in a

warm and friendly environment to reduce stress when tackling these potentially difficult subjects. Carers can call to book their own appointment on 0131 622 6666 or a referral can be made for VOCAL to contact the carer.

15 Free courses and seminars for Carers

Venue: VOCAL Carers Centre, 8-13 Johnston Terrace, Edinburgh

Caring For A Child With Additional Needs - a six session course

Thursdays, 10-12.30pm, 8th September -13th October

Manual handling

A three part course for carers who are supporting someone with transfers or with mobility issues on an occasionally to regular basis.

10am to 1pm Wednesday 14th, 21st & 28th September 2011

Do you worry about leaving the person you care for at home?

If you are concerned about leaving the person you care for alone Telecare can provide some support. This show and tell style seminar introduces equipment like motion sensors and fall detectors, and explains how it can be accessed

Tuesday 13th September, 10am-12pm

Understanding Behaviour and a Child With Additional Needs

This short course explores possible causes of and strategies to manage 'challenging' or 'difficult' behaviour.

Mondays, 10am-12.30pm, 12th September -26th September @ VOCAL Carers Centre, 8-13 Johnston Terrace, Edinburgh

Good foot care

Good foot care is vital for good mobility. A podiatrist will lead a seminar on how to support someone to keep feet health exploring how to prevent and ease difficulties, how to trim nails and how to get the right shoes.

10.30am to 12.00pm Monday 9th May 2011 @ vocal

Falls Prevention

A two part course looking at how and when falls occur and how they may be prevented.

10am to 12.30pm Thursday 9th & 16th June 2011

Does The Person You Support Have Difficulties With Movement?

If the person you are supporting has mobility issues there is a wide range of equipment available to help them and you. Join us for a guided tour of the Disabled Living Centre led by an Occupational Therapist to view and learn about the wide range of large and small equipment available from hoists to aids to putting on socks.

Tuesday 6th September 10.30am-12.15pm @ Astley Ainslie Hospital.

Managing a wheelchair

This seminar is for carers who are new to manoeuvring a wheelchair or have experience but are concerned about their technique. The seminar will provide information about NHS wheelchair provision as well as lots of practical advice about how to manoeuvre a wheelchair in a way that is safe for both the carer and the wheelchair user.

10.30am to 12.00pm Tuesday 28th June 2011 @ Astley Ainslie Hospital

For more information contact: Jane Greenacre, VOCAL Carers Centre, 8 - 13 Johnston Terrace, Edinburgh EH1 2PW

Email: jgreenacre@vocal.org.uk

Telephone: 0131 622 6666

16 The LGBT Centre for Health and Wellbeing

The LGBT Centre for Health and Wellbeing is a unique initiative to promote the health of lesbian, gay, bisexual and transgender people living in, working in and travelling to Edinburgh. We run a programme of activities, events, courses and community groups. The Centre also provides information on health and LGBT topics and runs the Lothian LGBT Helpline.

By Post: LGBT Health, 9 Howe Street, Edinburgh, EH3 6TE

By Phone: 0131 523 1100

By Email: admin@lgbthealth.org.uk

LGBT Age Befrienders

Can you spare a couple of hours a week to meet up with an older LGBT person and support them in getting out and about a bit or just having a chin wag with someone from their own community? Please contact Garry on 0131 523 1107 or garry@lgbthealth.org.uk to book for either event.

Are you interested in an LGBT Cycling group?

In the coming months we are looking to launch a new cycling group and we want to hear from you if you would be interested in joining, have bike maintenance skills or have experience in leading cycling groups. It's a great way to stay fit and healthy and meet new people, contact jules@lgbthealth.org.uk now!

Want to start a community group

Do you have a hobby or interest that you'd like to share with others? Have you thought about joining a community group but haven't found one that you were passionate about? Why not start a brand new group! We can help so contact jules@lgbthealth.org.uk if you have an idea you'd be interested to discuss further.

17 Health All Round

Health All Round Doors are open from 10am – Midday every Monday, 10 - 2pm Wednesday and 12 - 2pm Thursday. Feel free to drop-in for information regarding health and wellbeing or if you wish to register for any of our services or classes.

Health All Round, Springwell House, Ardmillan Terrace, Edinburgh, EH11 2JL

Tel 0131 537 7530

info@healthallround.org.uk

www.healthallround.org.uk

Great opportunities for over 55s at Health All Round now !!

Swing Dance Class

Get into the swing of things. Want to try a new and fun way to get active then try our swing dance class 3:15pm to 4:15pm on Mondays at St Martins Church.

Price : £25 for a 10 week block.

Tai Chi !

Want to try a more gentle approach to getting active?

Tai chi is a form of exercise that focuses on gentle movement and relaxing the body. It is held at St Martins Church on Wednesdays at 1:15pm to 2:15pm . Price : £2 per session

If interested in either of these classes contact Alan or Callum on 0131 537 7530

18 Thistle Foundation - Support for Carers

This group is designed to support people who are caring for someone with a long-term health condition to improve their own health and wellbeing, gain confidence and competence in their caring role and support the person they care for to self-manage.

Phase 1 will focus on the health and wellbeing of you as an individual.

Phase 2 will focus on how you can use this information to support the person you care for to live their lives well with their health condition.

Come and talk with us.

We will meet with you first, on a one-to-one basis to tell you more and help you decide if this support is for you. You will be able to ask questions or discuss any support needs or concerns you have about the programme.

We are unable to cover respite or transport costs but can help you create a plan which can help you overcome these potential difficulties.

For more information regarding dates and venue, please call 0131 661 3366 and ask for Emma.

Thistle Foundation, Niddrie Mains Road, Edinburgh, EH16 4EA

Telephone: 0131 661 3366

Fax: 0131 661 4879

info@thistle.org.uk

www.thistle.org.uk

19 Free Course for Carers - Living with Asperger Syndrome, What Helps?

This course is for family and friends of adults (over 16's) with Asperger Syndrome (or suspected to have AS) who live in Edinburgh and the Lothians.

Delivered by Andrew Horseman, Employment & Training Coordinator at Autism Initiatives' 'One Stop Shop', Edinburgh.

The course consists of one 2 ½ hour session.

Aim of Course

To focus on practical strategies for supporting an adult with Asperger Syndrome/High Functioning Autism (AS/HFA).

Participants will learn, through information and discussion, how to continue developing specific skills to assist an individual with AS/HFA. Themes will include adjustments to our own communication style, developing and supporting an individual's own coping strategies and responding to an individual's behaviour and thinking style.

Participants will also be provided with information on ASC-friendly services in their local area.

To sign up for this course, or for more information, please contact Karina Williams on 0131 220 1075/ 0759 200 6222 or karina.williams@aiscotland.org.uk.

PASDA c/o Autism Initiatives, 24 Hill Street, Edinburgh EH2 3JZ 0131 220 1075/0759 200 6222

www.pasda.org.uk

20 Domestic Abuse and BME Women, Children and Young People

The course is aimed at increasing awareness and understanding of issues facing Black Minority Ethnic (BME) women, children and young people affected by domestic abuse. The training runs over a day and a half, and is open to all statutory and voluntary staff, community workers and interested individuals.

Dates and times for the training are:

- *Thursday 7 July* from 9.30am to 4.30pm and *Friday 8 July* from 9.30am to 12.30pm July
- *21 Thursday July* from 9.30am to 4.30pm and *Friday 22 July* 9.30am to 12.30pm.

The venue is Norton Park, 57 Albion Road, Edinburgh, EH7 5QY

Lunch will be provided on the first day; more course information is available on the **Shakti Women's Aid website**.

Please contact Mridul or Lisa on 0131 475 2399 for booking forms or download from the website and return **by email**.

21 BT Community Connections

BT Community Connections is an award scheme which offers community groups the chance to get online and help people discover the wonders of the internet. If your group helps the community access the internet and improves people's ICT skills, you could be eligible to apply for a year's free broadband. The scheme supports a diverse range of community and charitable groups across the UK. For more information and an application form, log on to www.bt.com/communityconnections.

22 BA (Hons) Youth Work

Begins September 2011

Edinburgh Napier University

This innovative course is the first degree level award specifically in Youth Work in Scotland and is the first here at Edinburgh Napier to have a Foundation Degree Award exit. It has been developed by Edinburgh Napier University in partnership with Edinburgh's Telford College and in association with the City of Edinburgh Council Community Learning and Development (CLD) department. The aim of this part-time course is to enable people already working in the youth work sector to 'upskill'.

For more information, visit <http://www.courses.napier.ac.uk/U76153.htm?Nav=0> or contact Janis Deane, Programme Leader BA (Hons) Youth Work, Sighthill Campus, Edinburgh Napier University EH11 4BN by telephoning 0131 455 6514 or e-mailing j.deane@napier.ac.uk.

23 Researching Poverty at Community Level

Begins 4 October 2011 - Tuesdays 10.00am to 2.00pm

Glasgow Caledonian University, Glasgow

The Scottish Poverty Information Unit (SPIU), in partnership with Black and Ethnic Minority Infrastructure in Scotland (BEMIS), is offering a short course in Researching Poverty at Community Level. This course is aimed at practitioners working in community and voluntary organisations, local authorities, volunteers and individuals who have an interest in researching poverty at community level.

This is unique training opportunity aiming at empowering local community and faith groups with much needed necessary skills in relation to research and tackling poverty. The course will be free to the diverse ethnic minority and cultural communities in the voluntary sector and community groups that this sector represents

The course will run every Tuesday from Tuesday 4 October, 10:00am to 2:00pm, for 12 weeks.

For further information please contact Tanveer Parnez at 0141 548 8047 or

tanveer.parniez@bemis.org.uk.

Section 2

Events, Fairs, Community Days and Seminars

1 Learning Circles and Social Capital Conference, Friday 1st July 2011

See the [Edinburgh Compact](#) website for further details. The conference will focus on two different Learning Circle curriculum - Cultural Heritage & English and ICT for the over 50s - and will be of particular interest to those working in Community Learning and Development, working with ethnic minorities and migrant populations or with third age clients. This is a free event from 9.30am to 2.00pm at Norton Park Conference Centre.

2 Community capacity building: Open Forums

Wednesday 31 August 2011 - Royal College of Surgeons, Nicholson Street, Edinburgh EH8 9DW

7 September 2011 – St Andrews in the Square, 1 St. Andrews Square, Calton, Glasgow, G1 5PP

Both events will run from 1.30pm to 4.30pm, with registration and a light lunch from 1pm
CDAS, Learning and Teaching Scotland and the Scottish Community Development Centre are jointly offering two Open Forums on community capacity building. The forums aim to provide opportunities for all those involved to come together and:

- Understand the role of community capacity building
- Learn more about the contributions that different community activities make to building capacity
- Reach a better shared understanding of who the capacity builders are and how they can work together
- Help LTS and its partners to discover how best to offer support.

Proceedings will include:

- Why community capacity building matters now: Stewart Murdoch, Director of Leisure and Communities, Dundee City Council
- Discussions of how community capacity building relates to key outcomes and sectors
- Presentation of LTS survey of community capacity building
- Discussions of who is involved, what works, and what actions are needed to support and strengthen the work

Reserve places at the Edinburgh event [here](#) or the Glasgow event [here](#).

There is no charge, but places are limited and will be subject to confirmation. For further information, contact Peter Taylor by e-mailing peter@pdtaylor.com or by e-mailing 0141 586 7588.

Section 3

Health Service / Statutory Agency / Government - documents and information

1 NHS Smoking Cessation Service Statistics (Scotland)

The annual smoking cessation statistics report for 2010 has been published on the ScotPHO website. The report presents information on quit attempts made with the help of NHS smoking cessation services, and quit outcomes, during the 2010 calendar year. Included also are comparisons with data for the previous year. The primary source of the data is the National Smoking Cessation Database, managed by ISD Scotland. Read the report at <http://www.scotpho.org.uk/smokingcessationstats2010>.

2 NHS Health Scotland e-bulletins available

- a) **WISH Monthly eBulletin** - The WISH network e-bulletin (May 2011), highlighting issues of interest around positive sexual wellbeing, is now available for download [here](#).
- b) **Mental Health Improvement e-bulletin** - The Mental Health Improvement e-bulletin (May 2011) is available to download [here](#).

3 Poverty and Income Inequality in Scotland: 2009/10

Scotland's Chief Statistician recently published '[Poverty and income inequality in Scotland 2009/10](#)'. This publication presents annual estimates of the proportion and number of children, working age adults and pensioners living in low income households in Scotland and the distribution of household income across Scotland.

For more details, visit <http://www.scotland.gov.uk/News/Releases/2011/05/12142035>. To view the publication, visit <http://www.scotland.gov.uk/Publications/2011/05/povertystats0910>.

4 Lothian & Borders Police – Public Perception Survey

From 23rd May until 30th June 2011, Lothian and Borders Police will be distributing a Public Perception Survey where we will invite members of all the communities we serve to give us their views on the police, public safety and what is like living in our area.

It is important to note that we want people to take part in the survey whether they have had any involvement with the police or not.

The survey website address is www.surveymonkey.com/s/YourPolice

The purpose, as may have been guessed, is aimed at allowing the public to pass comment on the service provided by the police.

As well as random members of the public being selected to participate, there is also a link that can be accessed online. This is where you all come in.

This is an important exercise in gauging public opinion and does contribute to the direction that L & B takes in how to work with our communities.

5 Scottish Ambulance Service Website and Reference Group

We are currently redeveloping the Scottish Ambulance Service's public facing web site (www.scottishambulance.com) and need your help. It is important that the site meets the needs of our users and would appreciate it if you could spend a few minutes completing a small survey which can be found at:

<http://www2.formwize.com/run/survey3.cfm?ID=3693>

Reference group

We also want to form a reference group to give us feedback as we build the site. If you would like to become a member of this reference group we would be grateful if you could enter your contact details at the end of the survey.

Please do not hesitate to contact me if you have any questions.

Mark Bargon, Communications and Engagement Department, Scottish Ambulance Service, National Headquarters, Tipperlinn Road, Edinburgh, EH10 5UU

Tel: 07833483792

www.scottishambulance.com

6 SIGN Patient Network

The latest edition of the SIGN Patient Network newsletter is now available for download from our website <http://www.sign.ac.uk/pdf/pnljune2011.pdf>
The Scottish Intercollegiate Guidelines Network is part of Healthcare Improvement Scotland.

7 Scottish Health Council reports

Two new reports are now available on the Scottish Health Council website:

- Participation and Online Technology
- Improving Quality through Participation

Both reports are the work of Gary McGrow, Health Services Researcher (Participation), Scottish Health Council. There will be direct links to both reports in 'Latest News' on our homepage at www.scottishhealthcouncil.org

8 Sustainable Edinburgh 2020

Sustainable Edinburgh 2020 outlines the Council's vision for a sustainable city and a framework for working towards this. The Council would now like to hear *your* views on what needs to happen and how we can best work together to achieve this vision. Please share your ideas and suggestions using the Sustainable Edinburgh 2020 **questionnaire**. Alternatively you can email sustainability@edinburgh.gov.uk or contact the Council's Carbon, Climate and Sustainability team on 469 3804
Carbon, Climate and Sustainability Team, City of Edinburgh Council

9 2011 SURF Awards now open for applications

Entries are now being accepted for the 2011 SURF Awards for Best Practice in Community Regeneration.

The SURF Awards are supported by the Scottish Government, and independently judged by a panel of representatives drawn from relevant national organisations and community groups. If you are aware of a project or initiative that you believe deserves particular recognition, please consider nominating it for a 2011 SURF Award in one of four categories:

- People
- Place
- Partnership
- Employability for All

The application process is designed to be simple and straightforward, and the closing date this year is *Monday 12 September*.

Please see the **SURF website** for further background information and details on how to apply.

10 'Are we really listening?' Local Grants projects - reports

NHS Health Scotland funded four local projects aiming to tackle mental health stigma in black and minority ethnic (BME) communities in Scotland. This was known as the 'Are we really listening?' project. This project ended in December 2010, and products from the projects are available upon request. All products are free and are aimed to encourage discussion about mental health stigma, whether in staff or BME communities.

For more information about this project, or to get a hold of any of the products, please go to the NHS Health Scotland webpage to contact the project lead:

<http://www.healthscotland.com/equalities/mentalhealth/areyoureallylistening.aspx>

The 'Are we really listening?' evaluation will also be published in July 2011 on the same web page.

11 Falls Prevention and Bone Health Strategy

This draft strategy may be of particular interest to older people and any older people's groups as falls are a major problem for older people, leading to a significant number of fractured bones and hospital admissions. Both it and the full strategy are on the NHS Lothian website <http://www.nhsllothian.scot.nhs.uk/OurOrganisation/Consultations>.

If any PPF members or patient forums would like a member of staff to meet with them to discuss the draft and their experience, please get in touch with either Lynne Douglas, Allied Health Professionals Director at lynne.douglas@nhslothian.scot.nhs.uk or the Allied Health Manager in the local CH(C)P. You do not have to use the online survey.

We welcome your comments in the following ways:

By e-mailing your comments to: Marion.tague@nhslothian.scot.nhs.uk

By writing to:

Falls Prevention Consultation, Director of Allied Health Professionals, NHS Lothian, Waverley Gate, 2-4 Waterloo Place, Edinburgh EH1 3EG

By telephoning: 0131 465 5693 **By faxing:** 0131 465 5403

The consultation will close on 1 August 2011.

At the end of the consultation period we will be preparing a summary report of all the consultation responses. In this report we will list who has responded to the consultation. If you would like your response to be anonymous, please let us know.

The final strategy will go to the Lothian NHS Board in the autumn 2011. If you would like to receive a copy of the final version please let us have your contact details.

[Click here to take the "Falls Prevention and Bone Health Strategy" survey.](#)

Section 4

Strategies, Consultations, Campaigns and Websites

1 HIV Scotland launches new website!

A new online resource for professionals and public is launched today, providing up-to-date, interactive and comprehensive information on HIV in Scotland. The new site acts as a hub for information, policy and consultation.

Of use to both professionals and public, the service finder provides a postcode search facility in order to find out which relevant support services are available in your local area. Sections dedicated to [Policy](#), [Practice](#), [Data and Research](#) are intended primarily for workers, but also of interest to the media. Whether the information is about prevention or how to cope with [living with HIV](#), the site throughout seeks to be relevant to a diverse range of individuals and communities. The latest news and research will be updated regularly along with opportunities to feedback and comment.

If you would like to speak to HIV Scotland about the website or any aspect of their work, please contact them on 0131 558 3713 or email info@hivscotland.com. To sign up to HIV Scotland's monthly Updates fill in your details [here](#).

2 Support needs of older people in their own homes - survey

Please fill out [this quick online survey](#) regarding the support needs of older people in their own homes. It is part of the city's [review of the housing strategy](#).

3 Winter Weather Conditions Survey

The City of Edinburgh Council is seeking your views and needs during winter weather conditions, based on people's experiences of the last winter. In particular we are interested in identifying the needs and experiences of vulnerable people (including children, older people, people with disabilities, individuals supported by health or local authorities, minority language speakers and others) or people who might be severely disadvantaged as a result of severe weather. You can send us your comments either as an individual who might have been disadvantaged by the last winter weather, or as someone from an organisation who can tell us how vulnerable people were affected and their needs. The information we collect will be used to shape the Council's response to future severe weather. Please go to the survey at <http://www.surveymonkey.com/s/winterweather>.

The closing date for responses is Friday 15th July 2011. If you have any questions at all, or require the survey in a different format, then please contact Davina Fereday at davina.fereday@edinburgh.gov.uk or call 0131 529 7040.

Section 5

Organisations, Groups, Networks and Charities - News and Information

1 New charitable status available

A new form of charitable status has been designed exclusively for Scottish charities called the Scottish Charitable Incorporated Organisation (SCIO). It is important that a wide variety of organisations, businesses and sectors who have dealings with Scottish charities are made aware of this new legal form. This will ensure that these charities do not face difficulties when trying to do some very essential things like opening bank accounts, renting property, applying for grants or consents and entering into contracts.

The SCIO became available for Scottish charities on 1 April 2011. The SCIO offers an alternative to the existing legal forms that charities may adopt, such as company limited by guarantee, unincorporated association, trust or industrial & provident society.

Since 1 April 2011 new bodies and existing charitable unincorporated associations and trusts have had the option of being constituted as a SCIO. Existing charitable companies and industrial and provident societies will be able to convert to SCIO status from 1 January 2012. A guidance document which provides further information on the SCIO is available on OSCR's website [here](#) or, for more info, visit

<http://www.oscr.org.uk/scottishcharitableincorporatedorganisations.stm>

If you have any further queries, please feel free to contact the Scottish Government Charity Law Team by e-mailing charityact@scotland.gsi.gov.uk.

2 UPDATE - New online disability database launch

UPDATE - Disability Information Scotland is proud to announce the launch of their new online pan-disability database for Scotland (SCOOP). Released in conjunction with their new website (www.update.org.uk), SCOOP provides a one stop shop for disability related information in Scotland.

Designed primarily for information workers, SCOOP holds 1000's of records on topics such as local and national disability groups, local authority contacts, accessible holidays, disability equipment suppliers, legislation, equality, travel and welfare rights. SCOOP also allows organisations to use the database structure to create their own local database of disability records, specific to their location or organisation, which can be managed by the organisation for their own purposes, a feature that can add greatly to the information they can provide for their own service users.

UPDATE is funded by the Scottish Government and is Scotland's foremost disability information service providing across-the-board disability-related information to organisations in the voluntary, public and private sectors as well as to individual members of the public.

3 Befriending Network Scotland

At Befriending Network Scotland, we envisage a society which values befriending and recognises its importance and where everyone who needs it has access to high quality befriending support. If you share our vision – whether you're from grass-roots, government, or anywhere in between - we urge you to come and talk to us about our ideas for working together to ensure that befriending has a place on the main stage of health improvement from now on." For more information, contact Sandra Brown by e-mailing sandra@befriending.co.uk or visit www.befriending.co.uk.

4 New name, new era for Depression Alliance Scotland!

On 15 June 2011, Depression Alliance Scotland will be renaming itself 'Action on Depression'. After a lengthy consultation it was decided that this new identity better represents the work that the organisation does across Scotland to help people take action and recover from depression. To mark the start of this new era Scottish National Depression Week in June 2011 was renamed Action on Depression Week Scotland! Action on Depression will be using the week to launch their new fundraising drive which aims to raise £30,000 by 31 March 2012. This

money will ensure that they can continue to take action on depression, help people with depression and give hope for recovery. But they need your help! To find out how you can take action, click [here](#) or visit <http://www.dascot.org/index.html>.

5 Self Management Special Report - Mental Health

Following the launch of the Interim Evaluation Report in October, LTCAS (Long Term Conditions Alliance Scotland) are producing a series of Special Reports on the Self Management Fund. These reports will focus on the themes of the evaluation, and highlight some of the great projects around the country. The sixth of these reports looks at the 'Mental Health' is produced in partnership with the Scottish Recovery Network.

The report includes some inspiring Case Studies – including the Pink Ladies, COMAS, Lothian Centre for Inclusive Living, Post Natal Depression Network, IntoWork West Lothian and Carr-Gomm – and these will be available separately too. All the reports in the series are available [here](#) together with the Interim Evaluation Report.

For more on LTCAS, visit <http://www.ltcas.org.uk/>.

- 6 Engender Equality Counting Project** - Engender's [Equality Counting](#) project is continuing with new communities of interest (COI's) starting up. They are now looking for women to join a group which will focus on child poverty and explore the relationship with gender inequality. The group will be trained in equality legislation and participatory research methods and use this to develop an action which will influence change. If you'd like to be part of the group or would like more information, contact Rosaria at Rosaria@engender.org.uk or 0131 558 9596.

Section 6

Funding Opportunities and Grants

1 Grant Finding Service - Local Library Services

edinburgh4community is a great new online service for grant finding. It allows you to search through hundreds of Government, Lottery, charitable trust and other funds available on a European, national, regional and local basis. It provides information about funding for individuals, charities, community groups, social enterprises and voluntary organisations. It can be used at home and from the library and can be found on **Your Library** at <http://yourlibrary.edinburgh.gov.uk/grants>. Users will need to register on the site the first time they use it.

This service is a replacement for Funderfinder which will not be available from the end of April. Please let me know if you need any further information about edinburgh4community. I will try and get promotional material out to the libraries shortly.

2 Big Lottery Fund information days 2011

Thursday 16 June to Wednesday 10 August 2011

Various venues across Scotland

The Big Lottery Fund has organised a short programme of summer events to provide information on a range of BLF programmes in Scotland including:

- Community Spaces (launch date 14 June)
- Investing in Communities
- Awards for All
- Investing in Ideas
- 2014 Communities

These half day events will provide an overview of all BIG funding programmes in Scotland and delegates will get an opportunity to chat to BIG staff about programmes and project ideas. For further details including dates and booking form, visit <http://digbig.com/5becdq>.

3 Early Years Early Action Fund Opens To Applications

Inspiring Scotland has announced that the Early Years Early Action Fund is now open to applications. The aim of the Early Years Early Action Fund is to improve the outcomes for vulnerable young children, to help them achieve their potential. The fund is open to charities that operate on a national level and those that deliver front-line services in more than one local authority area to enable them to improve early years services covering parenting, play, childcare, child and maternal health and family support, with the aim of helping parents and communities build better lives for themselves and their children and provide earlier support for families to prevent problems escalating into costly and difficult crisis situations, as well as supporting health improvement and helping looked after children.

The deadline for applications is **Friday 15 July 2011**. Organisations who have not yet registered their interest and are interested in applying for funding should register their interest as soon as possible.

For more information, visit <http://www.inspiringscotland.org.uk/Home/Our-Funds/Early-Years>.

4 Funding available for food and health activities (£500 to £3000)

The Community Food and Health (Scotland) annual small grant scheme is open to groups who would like to develop new or existing activities that will improve access to, or take up of a healthy balanced diet. Last year, grants were awarded to a wide range of groups working within low-income communities throughout Scotland. Their activities included cookery sessions with young people who had experienced homelessness, fruit and vegetable growing projects and community cafes providing training for people with learning disabilities.

The closing date for applications is **5pm on Friday 12 August 2011** (Faxed, emailed or late applications will not be accepted). Application packs and further information on the grant scheme is available from www.communityfoodandhealth.org.uk or call CFHS on 0141 226 5261 for an application pack or advice.

- 5 People's Postcode Trust**
The People's Postcode Trust, a trust set up by the "People's Postcode Lottery" in April 2009 offers grants of between £500 and £10,000 (£2,000 if not a registered charity and £5,000 in Wales) to small organisations and community groups for projects lasting up to 3 months in the areas of Poverty Prevention; Advancement of Health; Community Development; Public Sports; Human Rights; and Environmental Protection.
Applications for grants of under £2,000 are considered on a rolling monthly basis in Scotland. For grants of over £2,000 the next round for applications will open on 11 July 2011 and will close on **26 August 2011**. For more details, visit <http://www.postcodetrust.org.uk/>.
- 6 Lloyds TSB Funding Surgeries**
As part of its ongoing commitment to investing in the Scottish community, the Lloyds TSB Foundation for Scotland holds a series of surgeries for local recognised charities. The surgery is an opportunity for you to have a one-to-one session with one of the Foundation's Assessors, and to discuss how to go about putting an application to the Foundation. Dates and further information are available on the Lloyds TSB Foundation website [here](#).
- 7 Making a Difference**
As the CashBack Small Grants Scheme partners celebrate the 252 projects that have been funded so far, they urge their members to continue to make a difference by applying for the new round of funding. The Scottish Government's CashBack for Communities initiative uses funds seized from criminal activity to provide positive activities for young people.
The Small Grants Scheme, which is managed by Youth Scotland in partnership with Scottish Council - The Scout Association, Girlguiding Scotland, Boys Brigade, The Girls' Brigade in Scotland and Clubs for Young People (Scotland), has so far distributed over £233,000 to 252 individual projects across the country. The programmes of activity the scheme has funded includes sports events, music tuition, camping trips, outdoor activities, samba drumming lessons, urban art classes, swimming lessons, first aid courses, healthy eating projects and sailing courses. It is estimated that over 12,000 young people have benefitted.
The wide range of projects that have helped make a difference across the country are celebrated in a brand new information supplement called Making A Difference. View Making A Difference at www.youthscotland.org.uk/news/making-a-difference-cashback.htm.
In December 2010 the Scottish Government announced a further £500,000 investment in the scheme. Groups that are members of the partner organisations are eligible to apply for this new year of funding.
The deadlines are 1 September 2011, 1 December 2011, 1 March 2012 and 1 June 2012. Get more information about the CashBack scheme [here](#).
- 8 BBC Children in Need**
BBC Children in Need has announced that the next closing date for applications is Friday 15 July 2011. BBC Children in Need provides grants for up to three years to properly constituted not for profit organisations working with disadvantaged young people aged 18 or under. Within the BBC Children in Need grants programme, organisations can apply for Small Grants of £10,000 or less per year for up to three years and for Main Grants of over £10,000 per year for up to three years. Funding is available to organisations (including schools) that work with young people who are suffering from illness, distress, abuse or neglect, are disabled, have behavioural or psychological difficulties and / or are living in poverty or situations of deprivation. For more information, please visit http://www.bbc.co.uk/pudsey/grants/general_grants.shtml.
- 9 Support for projects working with disadvantaged young people**
The Worshipful Company of Weavers has announced that its Benevolent Fund is open to applications. The Fund is available to small registered charities and seeks to support projects working with disadvantaged young people aged from 5 to 30 years of age; to ensure they are given every possible chance to meet their full potential and to participate fully in society; and projects that addresses the social and economic problems faced by offenders, and ex-

offenders and their families, and provide them with support, life skills training and a way back into education, training and/or employment.

Grants available are of up to £15,000. The Charitable Grants Committee meets in February, June and October of each year to consider applications.

For more details, visit <http://www.weavers.org.uk/charitable-grants/grant-application-guidelines>.

10 The Robertson Trust

To celebrate the 50th anniversary, the Trustees of The Robertson Trust have set aside £2.5 million to make a number of special awards. Charities in Scotland which have been supported by the trust at any time during the past 50 years can apply, even if they are in receipt of a current donation from the trust. Applicants should demonstrate how their proposed project will enhance, expand or develop the charity's core activities, and the difference this will make to life in Scotland: locally, regionally or Scotland-wide.

The amount awarded to each successful applicant will be at the sole discretion of the Trustees. As a guideline, it is anticipated that the majority of awards will fall within a range between £10,000 and £100,000, for capital and/or revenue projects lasting up to three years. The trust will consider requests to cover full project costs.

The closing date for receipt of applications is 31 July 2011 with grants announced by end November at the latest. For more details, visit www.therobertsontrust.org.uk.

11 Pathways Into Sport Grants

Activity are working in partnership with Active Schools and ClubSportEdinburgh to encourage Edinburgh sports clubs to create new and stronger links with their local schools. To develop and support these links, which should encourage more young people to develop their sporting and social skills while increasing their physical activity levels, grants of up to £1000 are available to support a wide variety of projects. Projects should promote the involvement of individuals and groups from local schools who do not usually get involved in sports club activities. The closing date for entries is Friday 15th July 2011. For further information and how to apply see the information on the Council website for [Pathways into Sport](#) or at [ClubSportEdinburgh](#) and [Activity](#).

12 Pfizer UK Foundation

Although the UK's population as a whole is living longer and healthier lives than ever before, there remain pockets of profound exception to this trend, where health outcomes are low and life expectancy is little better than the UK average of fifty years ago.

Pfizer is committed to helping people live healthier lives and secure healthier futures. The Pfizer UK Foundation is one way in which Pfizer is working to support healthier outcomes in the UK. They believe one of the best ways they can do this is to support grassroots projects at a community level.

In their recent newsletter, Pfizer state that "there were no successful applications in Scotland in this funding round. The Foundation is keen to encourage more applications from this region so, if you have a project proposal that you think may be eligible for Foundation funding or know of another organisation that does, then please email pfizerukfoundation@pfizer.com for an application form and further details."

For more information on the Pfizer UK Foundation, click [here](#) or visit <http://www.pfizer.co.uk>.

13 Time to Live Applications Now Open

Deadline: 5pm, 8 August 2011

The Scottish Government has made the Short Breaks Fund* available to help support and sustain Scottish carers, including young carers and kinship carers, through enabling better access to short breaks or respite care.

The Time to Live strand of the Short Breaks Fund will provide funding to voluntary organisations within local authority areas which carers and those they support can access directly to enable them to have a short break.

In 2011 we are looking to pilot the fund in 12 areas including Edinburgh. The amount of

funding available in each of these areas is based on the percentage of carers in that area with a weighting to take account of the additional costs of delivering services in more remote, rural areas.

Applications are open to voluntary organisations that can reach all types of carers in the one area and can work in partnership with local arrangements for self-directed support.

Organisations can apply for more than one region.

Applicants should apply for the total funding available for the area, and 90% or more of the funding should go directly to carers.

For more information, visit the website <http://sharedcarescotland.org.uk/short-breaks-fund/Time+to+Live+Fund.html> or contact Christi Orr, the Short Breaks Fund Manager on 01383 622 462 or email christi.orr@sharedcarescotland.com.

14 Community Spaces Scotland

As part of Investing in Communities, Community Spaces Scotland supports communities to become more involved in, and to take responsibility for, their local environment, communal spaces and places. This will focus on bringing communities together while making them healthier, not just physically, but also through sharing activities in a space or place that is fit for purpose. We will do this by providing funding for communities to improve the appearance, functionality, accessibility, effectiveness and sustainability of local spaces and places (including buildings).

We want this programme to help address the areas of greatest need in Scotland. To help us achieve this we have added eligibility criteria, based on the area where the project will be delivered, to ensure this funding is targeted where it is needed most. You can find out quickly and easily if your project is eligible by typing the postcode where your project will be based into our **eligibility checker**.

To find out more about our approach to eligibility for this programme read our Community Spaces Scotland [guidance notes Community Spaces Scotland Guidance notes - 505KB](#)

15 Robertson Trust 50th Anniversary Awards

This year marks the 50th Anniversary of The Robertson Trust, which was set up by the Robertson sisters in 1961.

In order to celebrate the 50th Anniversary, the Trustees have decided to make a number of Special Awards to charities which the Trust has funded in the past and which continue to make a real difference to life in Scotland. £2.5 million has been set aside for this purpose.

Charities applying should be able to demonstrate a current or past link to The Robertson Trust, and effective delivery of project(s) funded by the Trust. Further details about the awards and how to apply can be found on the Trust's web site

Please note that there is a relatively short window in which to apply: the closing date is Sunday 31 July.

16 Big Lottery Fund Scotland Information Days 2011

The Big Lottery Fund has organised a short programme of summer events to provide information on its range of programmes in Scotland including:

- Community Spaces (launch date 14 June)
- Investing in Communities
- Awards for All
- Investing in Ideas
- 2014 Communities

These half day events will provide an overview of all BIG funding programmes in Scotland and delegates will get an opportunity to chat to BIG staff about programmes and project ideas. For more information [see the flyer](#).

17 ACE Year 2 Programme – applications invited!

Applications are now being invited for Year 2 of the ACE Programme. ACE stands for Achieving Community Empowerment and is a programme delivered by CHEX's parent

organisation, SCDC (Scottish Community Development Centre) and funded by the Big Lottery Fund in Scotland (BIG).

ACE is a programme of support for community groups and, within it, SCDC provide at least 10 days of support for each group over the course of a year. The support will focus on the following areas:

- Helping groups to identify what they're good at it and where they need to improve/become more effective
- Helping groups to develop a plan of action in order to make their required changes
- Supporting groups to put their plan into action
- Sitting down with groups at the end of the year to review progress and identify what needs to be done next

If you are interested in applying for ACE support, please contact Aileen Skillen at SCDC to express interest in the programme. Aileen will send you an application form and guidance notes. Email: aileen@scdc.org.uk or Phone: 0141 248 1924/1964. If you're having trouble filling out the form SCDC can advise you or you may want to ask a local support worker (if there is one) to give you a hand.

Applications need to be with SCDC by **31 August 2011**. SCDC will be short-listing at least 10 groups who they will then meet with to discuss their participation and fit with the programme before finally awarding support which will commence in October 2011.

18 New Lottery Fund for Scotland's Community Spaces

We all know of those spaces in the heart of our local communities that with some care and attention could improve our local environment and make all our lives a little better. For some communities repairing the leaky roof of your local village hall could help find a new home for a pensioners' lunch club. For others this could be a piece of unused land which could be transformed into a community allotment, or a derelict play park which could be brought back to give local children a safe place to play.

Whatever the place the Big Lottery Fund's latest targeted funding programme - Community Spaces Scotland - will bring local people together to be healthier and happier by improving both indoor and outdoor community spaces. Community Spaces Scotland will target a total of £9 million of investment to support around 90 community led improvements to both indoor and outdoor spaces over three years. The programme will be targeted at areas where BIG believes it can make the biggest difference. In deciding on these targeted areas we have included a fair mix of large urban areas, small towns and remote rural areas. Groups can enter the postcode of their project base into the eligibility checker at www.biglotteryfund.org.uk/communityspaces which will tell them if they are in an eligible area straightaway.

The Big Lottery Fund want to fund community projects run for and by voluntary and community organisations to help local people take the lead in improving the space and places that matter to them. Schools, community councils and social enterprises can also apply. The Big Lottery Fund expect the average grant size to be around £100,000, but will accept applications for grants between £10,000 and £250,000. The Big Lottery Fund can award up to two years funding.

To find out more about this new opportunity, including which areas are eligible to apply, visit www.biglotteryfund.org.uk/communityspaces, or call the advice line on: 0300 123 7110.

Section 7

Useful websites and contacts

NHS / City of Edinburgh Council / Scottish Government

- 1 NHS Lothian**
www.nhslothian.scot.nhs.uk
NHS Lothian Headquarters: Waverley Gate, 2-4 Waterloo Place, Edinburgh EH1 3EG
Telephone 0131 536 9000 Fax 0131 536 9088
- 2 NHS Inform**
NHS inform will provide the public, patients and carers with a wide range of quality assured health information online at www.nhsinform.co.uk, over the telephone at **0800 22 44 88** (between 8am and 10pm) and in the future, face to face.
- 3 NHS 24**
NHS 24 provides comprehensive up to date health information and self care advice for people in Scotland. This is an on-line and telephone based service.
Telephone: **08454 242424**
Email: www.nhs24.com
- 4 The City of Edinburgh Council**
www.edinburgh.gov.uk
Then either click on the department or service, or use the Search facility
For general enquires call our Customer Contact Centre: 0131 200 2300.
For a specific member of staff call Switchboard: 0131 200 2000
- 5 Neighbourhood Partnerships**
http://www.edinburgh.gov.uk/info/794/partnerships/579/neighbourhood_partnerships
- 6 Neighbourhood Offices**

City Centre	529 7061	East	529 3111
North	529 5050	South	529 5151
South West	527 3800	West	529 7440
- 7 Neighbourhood Partnership Website - External funding opportunities**
<http://www.edinburghnp.org.uk/about-nps/funding/external-funding-updates>
The Neighbourhood Partnership website provides local news and events including frequent updates on external sources of funding available for individuals, community groups and local activities.
- 8 Capital City Partnership (CCP)**
www.capitalcitypartnership.org
www.joinedupforjobs.org.uk
The CCP is a key strategic partnership within Edinburgh's Community Planning Framework, leading on the delivery of the regeneration targets of the city's Single Outcome Agreement. It brings together key statutory, voluntary, community and private sector organisations to promote change and joint working for community regeneration. Telephone: 0131 270 6040
- 9 Scottish Government (Publications) Online**
www.scotland.gov.uk/Home
Then click on PUBLICATIONS
- 10 The Edinburgh Compact Online**
www.edinburghcompact.org
Searchable database of local organisations.

11 Quality Improvement Scotland (QIS) - Publications

www.nhshealthquality.org

Then search on Publications QuickFind

Edinburgh Office

Elliot House, 8-10 Hillside Crescent, Edinburgh EH7 5EA

Main Switchboard: 0131 623 4300

Textphone: 0131 623 4383

12 Scottish Development Centre for Mental Health (SDC)

Newsletter / Bulletin available

17a Graham Street, Edinburgh, EH6 5QN

Telephone: 0131 555 5959

Website: www.sdcmh.org.uk

Information about Scottish Government

You may find the following resources useful.

- a chart showing Scottish Government Ministers with Cabinet Responsibilities, including their email addresses
- a link to Scottish Government directorates
- a link to the Local Government and Third Sector directorate

Voluntary, Community Agencies and Partnerships

1 Get On – Learning, Volunteering, Training and Employment

Get On Edinburgh links people up with the support they need to get on in life – whether they want to learn new skills, volunteer, or find a job. Make new contacts, gain new skills, and provide a better service. The network is open to all staff providing frontline services in Edinburgh and beyond. There are Get On information points across the City.

Website: www.geton-edinburgh.org.uk

Telephone: 0800 917 4244

Email: info@geton-edinburgh.org.uk

2 Health All Round

www.healthallround.org.uk

This organisation uses a holistic approach to provide services focusing on physical, social and emotional wellbeing.

3 Volunteer Centre Edinburgh (VCE)

Volunteer Centre Edinburgh exists to involve more people more effectively in volunteering to help to solve problems and enrich communities. We do this by leadership, brokerage and inclusion.

See: <http://www.volunteeredinburgh.org.uk/about/mission>

4 Scottish Council for Voluntary Organisations (SCVO)

Mansfield Traquair Centre, Mansfield Place, Edinburgh EH3 6BB

Tel: 0131 556 3882 - Email: enquiries@scvo.org.uk Web: www.scvo.org

5 Edinburgh Voluntary Organisations' Council – EVOC

EVOC is a resource for the voluntary sector and sited within it. It is a local organisation, which helps to support, develop and promote the interests and work of voluntary and community organisations in Edinburgh. <http://www.evoc.org.uk/>

EVOC publishes a monthly ebulletin on the [Edinburgh Compact](http://www.edinburghcompact.org.uk) website providing information to voluntary organisations in Edinburgh.

6 Scottish Families Affected by Drugs

www.sfad.org.uk

Free and confidential helpline: 08080 101011 (5.00pm to 11.00pm 7 days a week)

7 Contact a Family Scotland, Helping families who care for children with any disability or additional need

Craigmillar Social Enterprise & Arts Centre, 11 Harewood Road, Edinburgh EH16 4NT

Lesley Gray | Enquiries & Group Development Officer

Tel: 0131 659 2930: E-mail: lesley.gray@cafamily.org.uk:

Contact a Family - <http://www.cafamily.org.uk>

Freephone Helpline 0808 808 3555

8 Alcohol Focus Scotland - the national charity for alcohol issues

Keep up to date with the latest alcohol news and issues on the website

www.alcohol-focus-scotland.org.uk

Information for this bulletin has been gathered from various NHS and non NHS publications, emails, newsletters, etc. The NHS is not responsible for the content of non NHS sources or the information contained therein.

If you would like to be added to the distribution list please get in touch with the contact below.

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