

Inverleith Neighbourhood Partnership
Health & Leisure Sub Group
Tuesday 16th June, Stockbridge Library

Present:- Kerry Murray, HP NHS Lothian
Kate Kasprovicw
EVOG – vol sector forum estab.
Rosey McDonald – HP – promotes walking – “Paths to Health”
Lubna Kerr – WHY
Calum McLeod – CL D Broughton High School

Apologies:- Elaine Lennon

Conference:-

Preparations being completed for the conference which takes place on Friday 19th.
Report from conference will go to INP H&L group and other sub groups.

INP – Public Meeting 25th May:-

Presentation on the plans for the Western General Hospital
Minor Injuries Unit – access / info on services, who can be treated, opening times etc.
raised interest

Kate suggests offering to plan an INP Public meeting with health focus that might have more relevance or meaning for community services.

Rosey:-

- Discussed walking programme in Inverleith
- “Paths to Health” (see leaflet)
- Links with INP Comm Plan with focus on older people and increasing leisure and exercise opportunities
- Health walks across city – mapping exercise
- Caroline Anderson from Drylaw Neigh Centre takes people on 2+ hours walks
- P to H can provide resources & training on setting up walking groups
- How do we take it forward in Inverleith?
- Drylaw & Telford / Walking in green spaces in INP
- Broughton area – older peoples walking group – Jennifer Akgubu CLD 228 3611 based in South Bridge Resource Centre
- P to H building database
- Can provide monitoring and info database on baseline measurement including numbers and ages of people
- Stockbridge House & sheltered housing establishments could be contacted

AOCB

Garden scheme – volunteers available
Timebanking
Westerhales Health Agency
Have interest in gardening etc. It supports MH issues

Lubna:-

– Soc Enterprise
Management of LTC's, providing services to private sector and reinvesting in the health of local population.
Working with range of partners, Standard Life, NHS, Unison etc

Calum:- Youth orgs bringing Sex Health 1 day each week to Broughton HS

Date of Next Meeting : 1.30pm on 28th July at NELO, West Pilton Gardens