



1. In attendance

Cathy Wood, Public Health Practitioner NHS (Convenor)
Elaine Lennon, CEC Inverleith Neighbourhood Partnership
Len Havard, Stockbridge Inverleith Community Council

2. Apologies

Carol Woodward, Inverleith Resident and member of Maidencraig Residents Association

3. Minutes and matters arising

Cathy reported that she was in communications with Spartans about an Oral Health programme, and that dental health provision for the whole CHP area was being targeted as a key priority for health. Cathy agreed to update at next meeting. **Action – Cathy**

Cathy reported that she planned to attend next public meeting to ensure that views of this group were fed into discussion on health. She was asked to clarify the structures within NHS Lothian and agreed to bring a summary to next meeting. **Action – Cathy**

It was agreed that a representative from Health & Social Care was crucial to be part of discussion on services for older people in Inverleith, and possible to give a presentation on plans / changes for Inverleith and what the current picture is. **Action – Cathy, and Elaine to send postcodes.**

It was agreed to ask John to bring a formal update on NEPPF to next meeting. **Action – Elaine to talk to John**

4. Local community plan / Action Plan

Elaine and Cathy outlined the updated action plan priorities:

Maintaining and improving the health and well-being of the community

Work with key partners to increase adults participating in physical activity

- Promote Edinburgh Leisure CAP (Community Access Programme) to community groups in Inverleith
- Disseminate information about sports and leisure opportunities
- Raise awareness about health benefits of regular formal and informal physical activity
- Raise awareness of health benefits of regular visits to the outdoors
- Walking strategy?
- Promote the need to gather data locally on rates of participation in formal and also informal leisure activity

Measured by

Edinburgh Leisure – Community Access Programme (CAP) membership

Edinburgh Leisure - % of local population with Leisure Access Cards

<p>Work with key partners to improve quality of live of older people living in Inverleith</p> <ul style="list-style-type: none"> • Raise awareness of ways of reducing health acquired infections (superbugs) • Gather and disseminate infection statistics for Western General Hospital • Monitor the impact of the Home Care Modernising Programme (Re-ablement Services) on older people living in Inverleith <p>Measured by SfC Neighbourhood Research - % of residents feeling satisfied with facilities for older people To explore possiblity of measuring care benefit uptake / appeals etc/ Elaine to check with GIC re data available. Action - Elaine</p>
<p>Monitor health inequalities work taking place in Drylaw Telford area through practices and initiatives based in Forth Neighbourhood Partnership area</p> <ul style="list-style-type: none"> • Regular updates provided <p>Measured by</p>
<p>Work with local community to identify health needs</p> <ul style="list-style-type: none"> • Community Conference is used as opportunity to engage with local people about their health needs <p>Measured by</p>

It was agreed to explore the SfC research questions and how they are carried out. **Action - Elaine**

5. **Community Conference**

Elaine explained that funding had been requested to enable transport and crèche facilities to be offered. It was suggested that an exit poll might be taken to get general views on health issues in Inverleith? Elaine to feed into Conference planning meeting. **Action - Elaine**

6. **GP consultation document**

Cathy circulated a consultation document on GP practices in Scotland, and agreed to circulate this to community councils, groups and libraries etc. **Action - Cathy / Elaine**

Responses can be made individually or can be sent to Cathy for joint response. **Action - Cathy / Elaine to add elec copy to minutes.**

7. **Any other business:**

It was proposed that future meetings be themed alternating between leisure participation and services for older people.

5. **Date of next meeting:**

Tues 16th June, 1.30pm at Stockbridge Library, focus on community conference
Tues 28th July, 1.30 at North Office, focus on H&SC

It was agreed to vary meetings round North Local Office, Drylaw Neighbourhood Centre and Stockbridge Library in future and to find out which ones are most accessible for members.
Action - Elaine