

As the UK's largest charity for parents, NCT supports over one million mums and dads every year through pregnancy, birth and early parenthood. We are currently working on developing partnerships with local communities to ensure that we reach all parents and provide the services that they need.

### Who are these events for?

Anyone working with parents – whether you are a health professional or you run a local community group, we want to hear from you.

All new parents and parents to be – dads, young parents, lone parents, migrant parents – we'd like to meet you. Everyone is welcome.

### Why should you come along;

- Find out about NCT services – local groups, classes, training, campaigning, information, helplines
- Tell us what you think about services for parents
- Tell us what's happening in your area
- Take part in workshops, activities, taster sessions
- Find out about other local services for new parents and parents to be
- Free goody bags

As the UK's largest charity for parents, NCT supports over one million mums and dads every year through pregnancy, birth and early parenthood. We provide courses, helplines, information and local groups to support all mums and dads in their transition to parenthood.

We are currently working on developing partnerships with local communities to ensure that we reach all parents and provide the services that they need.

If you work with parents and would like to find out more about how we can work together, please contact:

**Barbara Purdie, Community Development Worker – Scotland, NCT, FREEPOST NAT, 21529, BO'NESS, EH51 9BR**  
**[b\\_purdie@nct.org.uk](mailto:b_purdie@nct.org.uk)**

**[www.nct.org.uk](http://www.nct.org.uk)**



Are you working with  
**mums and dads** in  
your local community?

Are you a new parent or  
parent to be?



**Come to our FREE open days to find out how we can make a difference**

We're running open days in January 2010 to find out what services you need for parents in your community, as well as telling you more about the support that we offer.

Use the form opposite to book your free place. You can drop in or come along for the day

### Monday 18th January

10am – 3pm

Craigmount Community Wing, Craigs Road,  
Edinburgh, EH12 8NH

Register by 11th January to be sure of a place

### Tuesday 26th January

10am – 3pm

Howden Park Centre, Howden, Livingston EH54  
6AE

Register by 19th January to be sure of a place

### Thursday 28th January

9.30am – 1.30pm

Early Years Centre, Sanderson's Wynd, Tranent,  
EH33 1DA

Register by 21st January to be sure of a place

**Free lunch, refreshments and  
crèche at every event.**



## Booking Form

**Book your place today** – we will confirm  
your booking by post, email or phone

Name: \_\_\_\_\_

Organisation (if any): \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Please tick which event you will be attending:

- Monday 18th January at Craigmount Community Wing
- Tuesday 26th January at Howden Park Centre
- Thursday 28th January at Early Years Centre

Please state the number of places you need:

- I will be attending on my own
- I will be bringing \_\_\_\_ people

Special dietary needs

Other additional needs

Do you require translator/interpreter? YES / NO

If so, please state language \_\_\_\_\_

Do you require crèche facilities? YES / NO

If yes, please state number of children \_\_\_\_\_

Ages of children \_\_\_\_\_

Any special requirements?

Please return your form to:

**Barbara Purdie,  
Community Development Worker –  
Scotland, NCT,  
FREEPOST  
NAT, 21529, BO'NESS,  
EH51 9BR**

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07733 304 341**