

Booking Form

I would like to apply for a play@home training session
(please tick one session below)

Please book asap, we expect the courses to be busy
(20 people maximum per training session)

Mon 1st Feb Pilton Community Health Project 10am - 12noon
Pilton Community Health Project 1pm - 3pm
(73 Boswall Parkway, Edinburgh, EH5 2PW)

Tues 2nd Feb Hay's Business Centre Craigmillar 10am – 12noon
Hay's Business Centre Craigmillar 1pm – 3pm
(4 Hay Avenue, Edinburgh, EH16 4AQ)

Fri 5th Feb Eric Liddell Centre Holy Corner 10am – 12noon
Eric Liddell Centre Holy Corner 1pm – 3pm
(15 Morningside Road, Edinburgh, EH10 4DP)

Name:

Organisation:.....

Designation:

Address:

.....

Postcode:

Contact telephone no:

Email:



healthyliving

play@home Training
Dates 1st, 2nd or 5th Feb 2010

Please email this form when completed to
jill.hastie@nhs.net by 22nd January 2010



play@home

This 2 hour session aims to link with those who work with families and children under 5 years to share the importance of physical activity in early childhood.

Learning Outcomes:

By the end of this course participants will:

- have an increased awareness of the need to promote physical activity
- have gained an understanding of the play@home toolkit
- have had the opportunity to deliver and/or take part in practice sessions from the handbook
- have explored a range of practical applications in a local context
- be aware of additional resources and their availability
- have the confidence to deliver training to other groups

Who should attend?

The course is appropriate for anyone working with children under five in health, local authority or voluntary sector and who have experience in childcare, early education, physical activity and health promotion.

Overview

The play@home toolkit is a practical way to assist local early years workers to develop a common understanding of theories that underpin health improvement, education and promotion of physical activity in early years.

The training is offered to a diverse range of practitioners who work in health, local authority or voluntary sector and who have

experience in childcare, early education, physical activity and health promotion.

The training helps workers link theory to practice, relate to current policy context and develop partnership approaches at a local level. The training also considers approaches to tackling health inequalities and hard to reach families and groups.

The participants can then deliver training locally as age-related modules i.e. birth to one, one to three and three to five years, or as a whole package, if they wish.

Costs

Resources and training are funded by the government through NHS Health Scotland. There are no charges for course attendance, the training toolkit or play@home books.

Facilitator

Irene Miller

play@home Co-ordinator

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