



INVERLEITH NEIGHBOURHOOD PARTNERSHIP
HEALTH & LEISURE ACTION GROUP
TUES 17TH MARCH 2009

1. In attendance

Cathy Wood, Public Health Practitioner NHS (Convenor)
Tommy George, Edinburgh Leisure
Elaine Lennon, CEC Inverleith Neighbourhood Partnership
Callum McLeod, CEC Community Learning and Development

2. Apologies

Irene O'Hara, Life-Care
Len Havard, Stockbridge Inverleith Community Council
Carol Woodward, Inverleith Resident and member of Maidencraig Residents Association
Kenny Cameron, Spartans

3. Minutes and matters arising

Cathy reported that she was in communications with Spartans about an Oral Health programme, and that dental health provision for the whole CHP area was being targeted as a key priority for health.

4. Local community plan

Elaine and Cathy outlined the text which was to be used in a printed summary of local plan. It was agreed that we need to focus on one or two main issues where we might realistically be able to have an impact:

Maintaining and improving the health and well-being of the community

Although Inverleith has a healthy population compared to the rest of the City, the need to maintain good health, particularly amongst older people, and to improve co-ordination of leisure opportunities was raised as a key priority by local people.

Inverleith has a higher proportion of people of pensionable age compared to the rest of the City.

To make a direct impact on health of the population, this plan will focus on two key outcomes raised by the community:

- **Improve health and well-being of older people**
- **Improve access to and participation in physical leisure activity**

This will be measured by:

* SfC Neighbourhood Research, % of residents felt satisfied with facilities for older people.

* Edinburgh Leisure, no. of admissions to Edinburgh Leisure by local people

* Edinburgh Leisure, no. of community groups taking up membership of CAP
(Community Access Cards)

How we aim to tackle these issues will be discussed in more detail for our Action Plan at next meeting, and it was agreed that a mapping exercise might be best start.

Elaine agreed to send Tommy list of postcodes.

Action – Elaine

Tommy agreed to send Elaine baseline stats as above from these postcodes. **Action – Tommy**

It was also agreed that we need to identify further indicators to help us measure the impact our work might make in both ‘health of older people’ and ‘participation in leisure’.

Action – Cathy / Elaine to raise with H&SC

Examples of further possible indicators may include:

- Are there any NHS leisure participation stats (**Cathy to explore**)?
- **Local library usage**
- **Rate of cerebrovascular disease**
- % of over 65s with care needs who are cared for at home
- Emergency admissions to hospital

5. **Community Conference**

Callum gave the group an update on plans for the Community Conference for Inverleith, which is taking place on Fri 19th June (from 1-4.30pm) at new Broughton High School.

Further details to be circulated soon.

6. **Public meeting**

Elaine gave date for next public meeting (25th May, 7pm at Broughton High School) and said that there would be a focus on health at this meeting, and a presentation on Inverleith priorities would be given by David Small, General Manager, Edinburgh Community Health Partnership.

Cathy agreed to liaise with David to update him on work of this group and it’s identification of priorities.

Action - Cathy

7. **Any other business:**

Callum reported that a new sexual health drop-in was being launched at the school. Cathy to bring further update.

Action - Cathy

It was agreed to have North Edinburgh Public Partnership Forum (NEPPF) update at next meeting.

Action - John

5. **Date of next meeting:**

Tues 5th May 2009, 1.30pm at Stockbridge Library

Tues 16th June, 1.30pm at Stockbridge Library

Tues 28th July, 1.30 at North Office

It was agreed to vary meetings round North Local Office, Drylaw Neighbourhood Centre and Stockbridge Library in future.