



**HEALTH INEQUALITIES GROUP
MINUTES OF MEETING OF TUESDAY 25TH NOVEMBER 2008
IN OFFICES OF SOUTH EDINBURGH PARTNERSHIP
13 NEWTOFT STREET, EDINBURGH, EH17 8RG.**

PRESENT

Alex Galloway	Jewel and Esk College (Part Meeting)
George Wilson	Napier University
Rhona MacKenzie	Napier University
Agnes Renton	CEC Services for Communities
Nyree Cardwell	Queen Margaret University (student on placement)
Rob Ford	Bridgend Community Allotments Project
Sylvia Taylor	Dunedin Canmore Housing Association
Pat Southall	CEC, Children and Families
Liz Ersoy	CEC, Children and Families
Jane Ramage	CEC, Children and Families, Early Years and Childcare
Hugo Whittaker	SEHLI
Scott Donkin	South Edinburgh Partnership (Chair)
Madelaine Traynor	South Edinburgh Partnership

The minutes of this meeting reflect order of the agenda. However, Mr Alex Galloway made a short presentation to the group at the beginning of the meeting in respect of a Working with Community Course which is due to begin in Gilmerton Community Centre in January. This is recorded under A.O.C.B.

1 APOLOGIES

Ann Jepson	Bridgend Community Allotments
Ian Brooke	S.E. Voluntary Sector Support Project
Karen Shields	CHILDREN 1 ST
Sandy Corlett	CHILDREN 1 ST
Hazel Rendall	VOCAL (Addictions Project)
Lisa Rice	VOCAL (Carer's Project)
Katrina Balmer	S.E Local Health Partnership
Jennifer Fairgrieve	S.E. Local Health Partnership
Allan Teesdale	Community Director – Inch

2. NOTE AND MINUTES OF PREVIOUS MEETINGS

2.1 MINUTES OF MEETING OF 6TH MAY 2008

2.1.1 These were accepted as an accurate record of the meeting.

2.2 NOTE OF MEETING OF SEMINAR OF 26TH AUGUST 2008

2.1.2 This was accepted as an accurate record of the seminar.

3. MATTERS ARISING

3.1 Community Health Surveys

3.1.1 Madelaine informed the group that the Community Health Surveys were now complete. Reports will be going to the Community Health Partnership for consideration probably at their December meeting.

3.2.1 There were 2 surveys which were run concurrently, ie the Access to a health professional within 48 hours and the experience of discharge from hospital. The former survey also included an element designed to explore people's access to NHS Dental practitioners.

3.3.1 **48 Hour Access.** This survey had around 250 respondents and a good variety of comments were made. The participants were predominantly older people.

3.4.1 **Dental Health** This survey element had around 200 respondents many of whom had had no contact with a dentist for many years. However, it was noted that again the majority of respondents were older people who may consider that they have no need of a dentist eg they have dentures.

3.5.1 **Discharge from Hospital** This survey which was in a separate document elicited around 150 responses. Where people had taken the opportunity to make comments many were in praise of the health service, but some did record difficulties on discharge.

3.6.1 Once these documents have been seen and accepted by the Community health partnership, Madelaine will make them available to anyone who may find them useful. Further examination of the issues raised is likely to be undertaken in due course./

3.2 Mental Health Forum

3.1.2 Madelaine informed the group that during the consultation process in relation to the development of the Liberton/Gilmerton Neighbourhood Plan, members of the community had raised the issue of mental health services. She reminded the group that mental health services and issues are built into and address by a number of the proposed neighbourhood priorities.

3.2.2 Madelaine had discussed the issues with Ian Brooke of South Edinburgh Voluntary Sector Support Project who is the convener of the South Edinburgh Mental Health Forum. They had agreed that the Forum should be reconvened in order to explore the issues and try to establish the level of service and also where clear gaps exist, Eg Post Natal Depression service is known to be problematic for people in the area.

3.3.2 The Mental Health Forum will meet on Monday 1st December at 9.30 am here in the South Edinburgh Partnership Offices, 13 Newtoft Street. Madelaine invited everyone to attend.

3.3 Invitation to visit Bridgend Allotment

3.1.3 Rob Ford suggested to the group that may wish to make a visit to the Bridgend Community Allotment in due course. This was warmly welcomed. Madelaine will liaise with Rob and Ann.

* **Action: Madelaine/Rob/Ann.**

4. PRESENTATION BY MIKE BELL OF RATHBONE.

4.1 Mike was unable to attend the meeting and in his absence Scott gave the group a synopsis of what Rathbone is undertaking in the area. The Group agreed that an abstract from the Education, Training and Employment minutes could be included in order to inform people about Rathbone. These follow below and have been identified by use of an alternative font.

4.1.1 **Background** Rathbone is a charitable organisation which has been in existence for around 200 years, growing out of the Quaker and anti-slavery movements. It became a charitable trust in 1969. The organisation provided schooling and education to children previously deemed unteachable and still sees children and young people as the focus of its activities.

4.2.1 Rathbone has a number of operations and facilities for young people

(a) **Youth Choices** is a programme of work in schools with young people who are excluded, partially excluded or potentially excluded. A youth worker will go into the school to work with the young people directly.

(b) **Schools** Rathbone also have access to a number of independent schools which will take excluded young people.

- (c) **Preparation for Life and Work** These courses are intended to support young people who are Not in Education, Employment or Training. **Preparing for Life** is about getting the young person out of the house – activities are social, and arts and recreation based. **Preparing for Work** is about providing employability support and training and this is offered in numerous sites in Scotland.
- (d) **Apprenticeships** Although Rathbone offer apprenticeships, none are currently in operation in Scotland.
- (e) **Youth Engagement** This is the programme which is on offer in Liberton/Gilmerton. It is intended to build relationships with young people through outreach work. It is a progressive process moving towards a mentoring relationship with an ultimate view to employability. It offers a range of qualification based courses.

4.3.1 **Edinburgh** A bid for funding had been successfully made to Vodaphone and this had secured funding for 3 years. Following meetings with the Police, and the City of Edinburgh Council it had been agreed that the two neighbourhoods of Liberton/Gilmerton and Leith would be chosen for activity. Rathbone are based at no 64 Gilmerton Dykes Street and are currently building their networks of contacts. This presentation is one of a series to the principal sub structure groups of the Liberton/Gilmerton Neighbourhood Partnership. Practical work is now beginning.

4.4.1 Scott felt that Rathbone will be a useful asset to the Neighbourhood particularly in respect of joined up working for the mutual benefit of young people.

5. LIBERTON/GILMERTON NEIGHBOURHOOD PLAN

5.1 Scott reminded the group that the Liberton/Gilmerton Neighbourhood Partnership had adopted the former sub structure of the South Edinburgh Partnership as part of its own sub structure. The groups concerned were

- The Health Inequalities Group
- The Education, Training and Employment Group
- The Youth Issues Group
- The Burdiehouse Burn Valley Park Steering Group.

5.2 As part of the development of the Neighbourhood Partnerships, each Neighbourhood was required to create a Neighbourhood Plan and Associated Action Plan. These plans were for 3 or 4 years ie until 2011.

- 5.3 In Liberton/Gilmerton 7 proposals for inclusion in the Neighbourhood Plan had been identified through the partnership processes of which it is anticipated 6 will be included. 3 of these priorities will be taken forward under the overseeing role of the Health Inequalities Group. These three priorities are
- Support for Parents at all Ages and Stages
 - Enhance and Co-ordinate Services for Older People
 - Oral Health of Children.
- 5.4 Scott reminded the group that all the priorities have overlaps one with another, and in particular the Young People and Alcohol Priority which is being overseen by the Youth Issues Group has a significant health component.
- 5.5 The Neighbourhood Partnership community consultation process had been far reaching and had involved around 500 people. Scott reported that the plan is expected to be adopted by the Neighbourhood Partnership when it meets on 10th December and it is planned to launch it at an event in late January 2009.
- 5.6 **Support for Parents at all Ages and Stages**
- 5.1.6 **Narrative** Agnes provided a revised copy of the narrative for the Support for Parents at all ages and stages. The following amendments were made:-
- The name of the Neighbourhood Outcome is “Improve Family Well-being” (as agreed at the Parenting working group at its recent meeting).
 - The sentence “Social Isolation has also been recognised as an issue.” has to be included at the end of the first paragraph.
 - The word “vulnerable” to be removed from the final sentence of the narrative.
- 5.2.6 With these amendments the narrative of priority 2 was agreed by the Health Inequalities Group.
- 5.3.6 **Information session** An information session was provided by Pat Southall and Liz Ersoy in relation to Liberton/Gilmerton as a development/demonstrator site for the Edinburgh Parenting Framework. The overall name for the project is SPACE which stands for **S**upport for **P**arents and **C**arers in **E**dinburgh
- 5.4.6 Liz gave a brief report of how the Parenting Framework had come into being and in particular how Liberton/Gilmerton had been chosen as the development/demonstrator site for the city wide project. In essence, there was a lot of pro-active work already going on in this area which was already working to the philosophy of universal services. It was noted that the Parenting Framework has been developed over a considerable period of time and it is due to be launched early in the New Year although a date has not yet been set.

- 5.5.6 **Allocation of Resources** Predominantly at present Council (and other agencies) services and resources are geared to targeted or “high tariff” families. However, the philosophy of early intervention and prevention will over time mean a more equitable allocation of resources between universal and high tariff. Further, the Framework will be looking at how people can be supported when they are no longer in crisis but may still need support.
- 5.6.6 **Information and Signposting** It was noted that there are a significant number and variety of services in the area but people (including workers) may be unaware of them and how to access them. The project is keen that information is given to people on a one-to-one basis and the group is looking to see how this could be built into the HUB concept. (Please refer to the Community Learning and Development Plan which includes a priority of Access to Information and Services.) It is hoped that the information and signposting service could be staffed by volunteers. The project would want to ensure that people are encouraged and supported to find and access the service they need.
- 5.7.6 **Administration and Development Support** The Intensive Family Support Service of Children and Families Department has made a commitment to the project and has provided some dedicated staff time. Admin support will be provided for 12 hours per week and some of this will be to provide information by phone, fax or email.
- 5.8.6 **Outreach Service and Team** Commitment in principle has been received from a number of agencies and organisations in the area, including nursery nurse time. Meetings are still taking place to firm up on the arrangements. It is hoped to have an outreach team in place by mid January. This will be a multi-agency team using staff released from their substantive posts on a regular planned basis in order to participate in the outreach team. NB No additional resources have been identified for the implementation of this element of the Parenting Framework.
- 5.9.6 Training will be provided and support will also be built-in in the form of Good Practice Forums. (Professional Support and Supervision will still be given by the practitioner’s own line manager.) It has been noted that practitioners do not feel that they have the necessary skills to work with parents although they may be highly skilled in working with the children.
- 5.10.6 At present there is a criteria based model for outreach work which applies to 0 – 8 year olds. However, this model is capable of adaptation to allow it to be used for universal services and the full age range of 0 to high school transition.
- 5.11.6 **Group Work** It was noted that resources have already been made available from the Intensive Family Support Service in the allocation of dedicated time from Karry McCombie. She has already met with the Parenting sub group and will be working to identify the range of services and qualified practitioners in the area.

- 5.12.6 **Staff Development** Staff development will also be a key feature of the project and will include such aspects as work shadowing, a staff training programme and formal training for the outreach team. It was noted that there are gaps in the current training for generic parenting.
- 5.13.6 Liz and Pat informed the group that they had attended training on the “Nurture Training Programme” This is not yet available in Scotland but they have been given permission to purchase the 2 x day training course for the Outreach team training.
- 5.14.6 **Parenting Service Manager** It is proposed that in due course a Parenting Services Manager will be appointed who will take responsibility for the overall management and co-ordination of the services. This is a necessary development in order to sustain the project in the long term.
- 5.15.6 **Evaluation** Evaluation will be on-going and there will be an element of staff self-evaluation.
- 5.16.6 Pat and Liz concluded their information session by informing everyone that the commitment process is almost fully negotiated and that the main links for the local project process are Jane Ramage and Madelaine Traynor, and from Intensive Family Support are Karry McCombie in relation to group work and the mapping exercise, and Andy for admin.
- 5.17.6 Agnes agreed to provide information on contacts to Liz and Pat
- * Action: Agnes**
- 5.18.6 Wilma agreed to speak to Ian Brooke with a view to inviting them to the Voluntary Sector Forum meeting in early December.
- * Action: Wilma**
- 5.19.6 Rhona will contact Liz and Pat to put them in touch with the volunteer co-ordinator at Napier University
- * Action: Rhona**
- 5.20.6 **Action Plan Details** The group agreed to examine the Action Plan details and to inform Madelaine by Friday 28th of any necessary changes.

5.7 **Enhance and Co-ordinate Services for Older People.**

- 5.1.7 **Narrative** The group agreed that the sentence beginning “Challenges identified include:....” Should be deleted and replaced with “Priorities identified include Independent Living, Delayed Discharge And Continuity Of Care Upon Discharge And Mental Health And Well Being In Older People.” The group did not comment on the layout of the wording.

5.2.7 With this amendment the narrative of Priority 3 was agreed by the Health Inequalities Group.

5.3.7 **Action Plan Details**

5.4.7 Madelaine invited the group to examine the Action Plan abstract and suggested that consideration was given to removing targets from some of the neighbourhood indicators, her argument being that the actions to be taken could not demonstrate in the very short period of the plan any real impact on these outcomes eg the life expectancy targets. The group agreed that the neighbourhood indicators should remain but that no short term targets should be attached to them.

5.5.7 Madelaine informed the group that the South East Older People's Services Group was due to meet on Thursday 27th November when the Action Plan abstract would be examined in detail.

5.6.7 The group agreed to examine the Action Plan details and to inform Madelaine by Friday 28th of any necessary changes.

*** Action All**

5.8 **Oral and Dental Health of Young Children**

5.1.8 **Narrative** The Health Inequalities Group approved the wording of the narrative for Dental Health of Children. Madelaine informed the group that a sub group had been established and it was hoped that it would meet in the near future to begin the development of some of the work, particularly around the very early intervention project.

5.2.8 **Action Plan Details** The group agreed to examine the Action Plan details and to inform Madelaine by Friday 28th of any necessary changes.

*** Action All**

6. NAPIER UNIVERSITY PROJECT PROPOSALS

6.1 **Food and Health Project** Rhona was disappointed that she had to leave the meeting at this point just when the discussion was to focus on 2 elements of Napier University's involvement in the community. Before she left the meeting, she encouraged group members to circulate the flyer about the food and health course, since she suggested it was clearly appropriate to much of the discussion which had taken place during the course of the meeting. She also reminded the group that Napier University offers a Volunteering module which could be highly relevant.

6.2 The course will begin in mid January and run for 8 weeks, from the Goodtrees Neighbourhood Centre

6.3 LEARNING AND HEALTH PROJECT

- 6.1.3 Madelaine informed the group that there had been a recent meeting between herself, Jennifer Fairgrieve, Helen Bourquin and two representatives from Napier University, ie Jenny Paul and George Wilson to explore how the Health Inequalities Group could benefit from the courses provided through Napier University.
- 6.2.3 From this discussion had evolved a wider project proposal looking at the provision of learning opportunities which address the priorities of the Neighbourhood Plan and the needs of the people in the area.
- 6.3.3 A paper had been prepared and had been tabled for information. George spoke to the paper. And began by giving some background information about Napier and the University. The University is charged by the Scottish Government to provide community services but receives no funding to do so. This means that partnership working is essential. There is a need to tap into our networks and organisations.
- 6.4.3 There is a new name for the department for which George works which reflects its remit ie Napier University Academic Development, Partnership and Collaborations.
- 6.5.3 Napier University wants to work within the geographic area of Liberton/Gilmerton but there are constraints such as the lack of resources and facilities. Napier University is already working in West Edinburgh and in Craigmillar. Some work is on-going especially in Gilmerton Community Centre. Much of the work in Gilmerton is based around art which has been seen to have a very positive impact on health and especially mental health. George reminded the group of the Expert Witness series and suggested that could be utilised by eg the Parenting sub group.
- 6.6.3 George indicated that it is important to match courses to the appropriate venue and time to meet the needs of the participants. Napier University is hoping the run an Apple-mac based design workshop in the Spring and was currently negotiating access to computers etc.
- 6.7.3 **Discussion** The group welcomed George's information and the project proposal. Many could see the benefits of this approach in relation to health and mental health. George indicated that Napier University intends to establish learning opportunities for older people aged 50+. It was noted that many older people do not happily engage with learning opportunities where their co-learners are much younger.
- 6.8.3 Scott informed the group that the perception from the Forums is that there is a social/recreational gap for people who are 50+ but who are not yet "pensioners".
- 6.9.3 Wilma referred to her proposal for a volunteering role for older people, and saw this overall proposal as fitting in extremely well with it.

6.10.3 **Working Group** Madelaine informed the group that a small working group based on the earlier meeting had already been established and some additional members had been suggested. These included Tommy McLean (of Community Learning and Development) and Alex Galloway of Jewel and Esk College. Alex had already expressed his support for this proposal and willingness to be involved. Sylvia Taylor requested to join the group since Dunedin Canmore are about to begin work on the provision of a substantial Sheltered Housing Complex in the area. This work and particular the work involving older people would be most appropriate. This was agreed.

6.11.3 **Space and Facilities** In relation to the provision of facilities, Wilma offered the use of Libertus Services premises which at times are under used. Wilma and George will discuss further.

*** Action: Wilma /George.**

6.4 The group agreed that the project was worthy of further development and that the working group should be convened to explore, develop as far as possible and report back. NB this will be a joint piece of work with Education, Training and Employment

*** Action: Working Group.**

7. A.O.C.B.

7.1 Jewel and Esk College Course -

7.1.1 Alex tabled the flier for the forthcoming Working in the Community Course. He explained the Jewel and Esk College are very active in Liberton /Gilmerton and this course is very much a partnership effort between Community learning and Development, Jewel and Esk College and South Edinburgh Partnership Support Team.

7.2.1 Alex encouraged everyone to circulate the flier to their colleagues and clients since the course would be of benefit to many people. Most people would be able to get the course fees paid in whole or in part. At present there are 10 applicants but realistically there needs to be 15 for the course to be viable. NB the ILA is payable for people who have up to £18,000 in income and the amount paid in ILA is £200. Fee Waivers may also be available for people who are on benefits.

7.3.1 The course is also a means of progression to other related fields of study including social care, health care and the social sciences and well as progression toward the HNC in Working with Communities.

7.4.1 The group welcome this course and Alex was assured the flier and information would be circulated.

7.2 Launch of Libertus Services

7.1.2 Wilma invited members of the group to drop-in to Libertus Services – formerly LAHA – on Friday 28th when the new name will be launched. This is especially appropriate since the organisation provides a unique concept in day-care services, in a new building and has a new name.

7.2.2 Tasters of some of the services on offer will be available on Friday. Everyone will be most welcome.

8. DATES AND VENUE OF FUTURE MEETINGS

8.1 The meetings for 2009 will take place in 13 Newtoft Street, Edinburgh, Eh17 8RG and have been pre-planned as follows:-

- Tuesday 24 February 2009 at 9.30 am
- Tuesday 26 May 2009 at 9.30 am
- Tuesday 25 August at 9.30 am
- Tuesday 24 November at 9.30 am