



**Health and Wellbeing sub-group:  
Report to Neighbourhood Partnership**

**29 February 2012**

**1. COMMUNITY PLAN 2011-14**

The subgroup signed off its Action Plan. It would start creating a 6 month Outputs / Outcomes report at its next meeting.

**2. HEALTH INEQUALITIES**

**2.1. South East Recovery Hub**

The Recovery Hub was now fully operational with NHS Substance Misuse Directorate, CEC Health & Social Care and voluntary organisations all having permanent bases in the Kintry Cottages.

The drop-in service for drugs and alcohol operated Monday – Friday, 10.00 am – 4.00 pm with all people being seen for a 30 minute triage. They were given information on the choices available to them and were allocated to the appropriate service. Currently 70% were alcohol dependent. The aim was to cut out inappropriate referrals and delays in getting people into the right service.

They hosted a Discover Recovery group and would be starting a SMART Recovery one. The Harm Reduction teams that address Blood Borne Viruses, Hepatitis C and sexual health issues were becoming involved.

**2.2. Guide to Case Management**

Members discussed a short 'Guide to Case Management' which summarised discussions and work in the subgroup over the last year. It outlined an approach in which the most vulnerable clients, with multiple, life-wrecking circumstances could best be helped to set personal goals and receive 'wrap-around' support to address each issue at their own pace.

The approach is being developed by Community Renewal in its 'Health Case Management' service, which is the subject of a separate paper on the agenda. Many of the organisations participating in the subgroup recognised they were being guided by this approach and were willing to work together in the way described.

The subgroup wished to widen the discussion, recognising that other subgroups have similar ways of working, and resolved to ask for the Guide to be placed on their agendas.

**2.3. Portobello High School**

The subgroup heard presentations about two pieces of work being conducted in the High School to engage pupils in discussions about alcohol and gender based violence. The one on alcohol is an initiative from the Parent / Teacher Council involving QMU, while the other is based on an American programme being run by Children & Families department.

### **3. SOCIAL CAPITAL UPDATES**

#### **3.1. Caring-in-Craigmillar and Thistle Foundation**

Both organisations reported on their successful bids to the Innovation strand of the Older People's Change Fund to widen their work with older people. Caring-in-Craigmillar would build on work to create an older men's group providing valuable learning and social activities for isolated older men. Thistle Foundation would be adapting their successful lifestyle management course for older people and finding volunteer opportunities for them.

#### **3.2. Craigmillar Regeneration**

The meeting heard reports on the ongoing discussions on the Whitehouse and regeneration activity in Craigmillar. Of particular interest was how the new library and the Whitehouse provided the infrastructure for community development activities and building social capital. It was hoped the subgroup could be heavily involved in determining the relevant outcomes and how they would be implemented.

It was agreed to seek discussions with the East Neighbourhood team.

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