



L.I.F.T. (Low Income Families Together) Support & Advocacy services.

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## ONE TO ONE SUPPORT

JOB SEARCH

Introduction into  
Education, training  
& employment

UP-SKILLING

GROUP WORK

Debt Advice

Individual support

CV's

ADVOCACY

Group work sessions Emotional support

Volunteering Opportunities

Befriending Training

REDUCE BARRIERS TO EMPLOYMENT/TRAINING