



Our weekly programme for Spring 2019 encourages local people to get involved, make new friends and stay connected.

Mondays

9.30-10.45am Yin Yoga Weekly class for everyone with Monica concentrating on mobility and flexibility.

1.00-3.00pm Jubilee Group Weekly senior social group.

3.00-5.00pm Clowning & Mime Workshop Learn the craft with local professional artists. Teenagers and adults.

Tuesdays

9.30-10.15am Fitness Class Adult gentle exercise class.

10.30-12.30pm GTS Gardener Project This new project is aimed at teaching how to grow, what to taste and how to share what you know with others.

1.00-2.30pm Line Dancing Modern dance steps to various music.

3:00-4:30pm Junior Youth Club P1-P2

Wednesdays

10.00-12.00pm Scottish Cultural Studies A serious and fun look at our history, culture and Art. for 6-8 weeks, book your place

10.30:12.30pm Volunteers Gardening Help with food growing and gardening. Learn new skills, no experience necessary.

1.00-1.45pm Faerie Tales by Ericka Let your child become part of a fairy tale adventure. Pre-school. Phone to book.

3:15-5.15pm Junior Youth Club P3-P5

7.00-9.00pm Cooking Group Local folk sharing recipes and cooking tips.

7.00-8.30pm Neighbourhood Bingo
First Wednesday of the month.

Thursdays

9.00-11.00am Toddler Time Preschool play.

10.30-12.30pm GTS Gardeners Project

10.30-12.00pm Adult Computer Class Beginner to a confident user on a laptop or tablet. Phone to book your place.

11.00-12pm Brew & Blether Bring a friend or meet new ones for a cuppa.

1.00-3.00pm Culture Group Explore the arts and local museums. Seniors 60+

3.15-5.15pm Junior Youth Club P4-P7

Fridays

10.00-11.15am Faerie Tales with Ericka Fun morning packed with stories of adventure. Preschool. Phone to book.

1.00-3.00pm Young at Heart Weekly senior group who enjoy a fun filled entertainment programme.

Come visit us and enjoy a free cuppa.

**We also have free Wi Fi available.
Use it to help find information on
Employment/Benefits/Health issues**

**Our facilities are available for
evening and kids party weekend hire.**

For more information;
Email; info@drylawnc.org.uk
Telephone 0131 315 4989

Visit our website www.drylawnc.org.uk
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