

Pentlands Neighbourhood Partnership
Health & Wellbeing Sub-group

Thursday 5 December 2013
2pm, Community Room, Oxgangs Library

In Attendance

Heather Levy (Chair)	Pentlands Health Worker/Firrhill CC
Liz Simpson	NHS Lothian
Norma McGeever	Juniper Green Community Council
Peter Gray	Colinton Amenity Association
Allister McKillop	Currie Community Council
Andrew Stevenson	Edinburgh Leisure
James Brandon	Edinburgh Leisure
Morag Grant	CLD
Scott Neill	Partnership Development Officer
Sarah McDonald	Customer Service Advisor (Minutes)

Apologies

Lesley Johnston	NHS Lothian
Councillor Richard Lewis	Colinton/Fairmilehead
Norman Tinlin	Fairmilehead Community Council

1. Welcome & Apologies

Chair welcomed everyone and apologies were noted as above.

2. Previous Minutes dated 3 October 2013

Minutes approved as correct record

Matters arising and actions

Skill Swap

A successful Skill swap event took place on October 26th 2013 in Oxgangs with over 50 people in attendance. Hope Triangle, one of the projects involved, played host to the first skill swap event which were originally planned to be held every quarter but due to the success and interest they are being held every month throughout the city. Currie CC & Colinton AA expressed a desire to hold something similar and will investigate the idea next year.

Design and delivery of community health survey

Members discussed what should be included in the survey and how it should be distributed and publicised. It was noted that the questions included in the survey would have to be short and precise.

The format of the survey was also discussed, survey monkey was suggested as a tool, as the first 6 questions on survey monkey are free. However it was also noted that it would have to be available in multiple formats in order to be inclusive. Suggestions included papers copies, focus groups, using existing groups. It was also noted that social media also has more importance now.

Members to send questions to the chair who will then send them out to group, they can then be filtered down into a set of 4 to 6 questions. JB to send questions used for previous survey to HL, and noted that it is important to avoid the terms 'sport' and 'exercise' but rather use 'physical activity'. It was highlighted that knowledge of physical activities can be a huge barrier, and there should be a question on knowledge in the survey.

The survey must target the whole demographic. 6 questions would be enough for the survey, and leading questions would need to be avoided. It was suggested that 150 responses per area would be the target. It was also noted that any paper copies of the survey could be entered onto Survey monkey in order that all results would be electronic and could be collated.

Operation Cipher 3

HL noted that J Gillanders does informative IT security training on how to keep your social media safe, he would do a training session if any interest.

Army presence on sub-group

PG to look into army contact as mentioned previously by Bill Alexander.

Mental Health Contact booklet template

This is something that the South West were aiming to produce. Template for Pentlands passed round to group. The challenge of keeping it up to date was discussed. Where the updated document will be displayed is still to be agreed.

Curriemuirend Park

SN noted that Sam Verner is the senior project manager for this potential project. There is due to be an update at the Pentland NP meeting at 7pm on Tuesday 17th December at Pentlands Community Centre.

3. Pentland Health Fair

This will be taking place on Saturday 1st March 2014 from 10:30pm-12:30pm. HL has provisionally booked Oxfords library – both the main library and the community room. It noted that a mixture of workshops and stalls would be best.

Various ideas were suggested by group members regarding who could come to the fair. AS to arrange spin bikes from Edinburgh Leisure for the event. Rowing machines would be the other option, a challenge could be arranged. Tesco's to be contacted re supply of fruit. MG and JB to contact Alan Gray at Health All Round. JB to pass on the contact details for Sustrans.

HL to write up and do table plan, and send round to group.

HL raised possibility of having a second fair in Currie. AM to look into possible venues for this. SN noted that best to concentrate on one fair at the moment.

4. Edinburgh Leisure

JB provided update on all of the outreach programmes – including Active Minds, Active Lives, Looked After & Active. See handout for details.

AS provided update on the Colinton Community Sports Hub and a brief overview of what it is. It was noted that the CSH is about supporting existing groups/clubs not developing new ones.

HL to send Pentlands postcodes to JB in order to look at data for the Pentlands area, as at the moment it is not broken down by area.

5. AOCB

No matters arising.

7. Next Meeting

27th February 2014 at 2pm - Currie library