



## Health and Wellbeing sub-group: Report to Neighbourhood Partnership

### 1. HEALTH INEQUALITIES

#### 1.1. Wrap-Around Services

The subgroup agreed an up-dated short guide and a set of basic principles describing a wrap-around service. Organisations could adopt the principles as a guide to how they would wish to work, although for a variety of reasons they may not be able to put them all into practice. The subgroup would now disseminate the principles and other materials to people and organisations that were willing to buy in to a more co-ordinated approach.

#### 1.2. Veterans programme

Thistle Foundation have received funding from the Scottish Government to continue their Lifestyle Management programmes for veterans and to extend them to provide wrap around support in a case management manner.

#### 1.3. Community Compass (Carr-Gomm)

Carr-Gomm's new 'Community Compass' service has 2 years funding to work in and around Craigmillar, piloting social prescribing. They were working closely with Craigmillar Medical Centre to provide broad support to adults around their health and wellbeing.

#### 1.4. VOCAL Family Support Addictions

This service is city-wide, but in Craigmillar is in the Recovery Hub for carers who care for people with alcohol dependency. The Hub's triage identified if there was a carer involved. Sometimes customer-owners arrived with a carer and they would be appropriately included in the triage.

#### 1.5. Welfare Changes

Comas and EVOC had obtained funding to put financial inclusion workers in each Recovery Hub. CAN had also received additional funding. They had seen a 33% increase in its 1-to-1 interviews in the 10 months of this financial year compared to the whole of the last year. They had also achieved 25% increase in client gain.

The subgroup agreed to produce an information sheet of local sources of support.

### 2. SOCIAL CAPITAL

#### 2.1. Edinburgh Leisure

Edinburgh Leisure are consulting on a project to increase physical activity, focusing on low income families in Greater Craigmillar, to impact on health and wellbeing.

#### 2.2. Bridgend Farmhouse

Bridgend Inspiring Growth described their plans to renovate the building and transform it into a community owned and run space with a focus on food, health, the environment and learning. They had submitted a bid to CEC to take over the building.

### **2.3. SE Community Connecting**

They work with people aged 65+ who are socially isolated or at risk of becoming so for a 16 week period. They recruit volunteers who meet the person, find out what skills they have or have had and what they want to achieve. In their first year they had dealt with 86 referrals and had actually helped about half that number achieve their goals.

### **2.4. Sheltered Housing**

The subgroup noted the consultation report to the Health and Housing Committee on proposed changes from Resident Wardens to Visiting Support in sheltered housing.

### **2.5. Craigmillar Community Arts**

The subgroup welcomed CCA's new 'Be Arty - Be Healthy' programme.

### **2.6. Best Days**

Comas, using innovative community development techniques, have started a programme aimed at increasing the confidence of people getting self-directed support payments. Their target was the hardest to engage older men. They have set up two hubs in Craigmillar and one in Portobello.

## **3. Durham Road branch surgery**

Durham Road Surgery had vacated its branch in the Craigmillar Medical Centre. Edinburgh CHP had advertised for GPs to start a new Practice and had appointed two doctors to start in January 2014. They had taken over the existing list.

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