



## **Health and Wellbeing sub - group: Report to Neighbourhood Partnership - 23 September 2015.**

A meeting of the Craigmillar and Portobello Health and Well-being sub-group was held on Tuesday 8<sup>th</sup> September at Craigmillar Medical Centre. Chaired by Dr Carl Bickler, the meeting was well attended, and it was acknowledged that there had been a considerable gap since the last meeting, due to staff changes, but that it was good to be back meeting as a group.

The majority of the meeting was devoted to a consultation on the Edinburgh Health and Social Care Partnership draft strategic plan. A presentation, including elements of the strategic needs assessment relating directly to Portobello and Craigmillar and the North East locality was delivered by Wendy Dale from Edinburgh Council. The group then discussed the consultation questions in two groups who each had a wider discussion on the draft strategic plan and considered whether these priorities were correct and if it reflected the views of those on the ground. The Health and Wellbeing sub-group represents key people and organisations in the planning and delivery of health and social care services, therefore their views on the strategic plan and the views of their users will be crucial as the plan is finalised and then delivered across the North East locality and across Edinburgh.

- *Carr Gomm*  
Carr Gomm work in partnership with Edinburgh Council and NHS Lothian to provide a very wide range of accommodation - linked and visiting support services across the city. They have now secured funding until the end of the financial year and are currently in the process of applying for this long term.
- *Castle Project*  
The Castle Project offers a wide variety of services to residents of North East Edinburgh who are experiencing problems due to alcohol or drug misuse. Working in partnership with NHS Lothian and Edinburgh Council Health and Social Care, the service provides a recovery pathway that will allow individuals to move on from alcohol or drug misuse through a person centred approach. This meeting represented the last occasion that the Castle Project would have a representative attending this particular group, and although early indications show that a new service provider will be identified for this area, it remains unclear at this stage as to whom this will be. In the meantime the current hub will remain to be occupied by the Castle Project until a more permanent solution can be found elsewhere in the city and any queries relating to this can be made directly to the Project.
- *Homeless Prevention Service*

The Homeless Prevention service is a consortium of charities funded by Edinburgh Council and who pioneer creative solutions to those at risk of losing their homes or experiencing housing difficulties. With the pilot for this now at an end, funding has been secured to continue with this project until the end of the year. Leaflets are now being produced in Polish, examples of which were distributed during the meeting for reference.

- *Day Care Centre*

Caring in Craigmillar has many ongoing projects which seek to cater for the most disadvantaged members of the community. With the service currently offered at the Jewel ceasing to exist in the near future, ten of its members will be transferring to the service offered in Craigmillar in the coming weeks. It is hopeful that this service will secure new premises by April next year, although details of such are yet to be confirmed.

The Phone Link project was designed as an outreach project for isolated individuals in the community and it was noted and highlighted that this is still in operation. Every morning and evening, a member of their team will call an individual for a personal chat and this is benefiting anyone who feels lonely or isolated; this service is providing a lifeline to our most vulnerable individuals.

- *Homecare collaborative*

Work is currently underway by EVOC and the third sector to establish this service and launch this into localities. Further details will follow.

- *Youth Services*

Work continues in the engagement of local young people in Craigmillar and Portobello in conjunction with CL&D. One of the current initiatives the Group is focused on is the awareness of mental health and how young people interact with the various health services. Young adults' barriers to care reflect limitations in their knowledge of mental health problems and available treatments, but possibly also a failure of existing mental health services to engage young people. The organisation of a health conference on this subject matter is currently being planned and in order to deliver this and tailor it to our target audience, it is imperative that the young people are involved in the early stages and throughout. It is scheduled to take place in November.

- *Crisis Guide*

The Portobello and Craigmillar crisis guide is now available on the Health and Wellbeing subgroup page of the Neighbourhood Partnership website.

- *Future meetings*

The group will continue to meet quarterly, with the next meeting on 17<sup>th</sup> November. Meeting dates for 2016 will be circulated shortly