



Health and Wellbeing sub - group: Report to Neighbourhood Partnership.

A meeting of the Craigmillar and Portobello Health and Well-being sub-group was held on Tuesday 9th February 2016 at Craigmillar Medical Centre.

With regret, Dr Carl Bickler has tendered his resignation as chair of the group. He will be much missed, and the group has expressed their thanks to him for his time and dedication to the group and the health and wellbeing of Portobello and Craigmillar.

- Paul James and Ali Abernethy from CEC Community Learning and Development attended the group to discuss a wide ranging programme of engagement with young people in the area regarding support to maintain positive mental health and wellbeing. The group expressed a wish to be informed on the progress of the project, and Ali will attend the meetings to keep the group updated.
- Jill Fenton from Home Energy Scotland attended the group to present on the recent energy advice pilot within the Craigmillar Medical Group. The pilot aimed to provide energy advice within a medical practice, to understand if there are any positive correlations between energy advice and health and to reach customers who had not previously accessed the Home Energy Scotland service. Jill reported some interesting initial results from the pilot, which will be shared more widely once the project has completed.

- *Crisis Guide*

The Portobello and Craigmillar crisis guide is presently being updated, and will be made available on the Health and Wellbeing subgroup page of the Neighbourhood Partnership website.

- *Future meetings*

The group will continue to meet quarterly, with the next meeting on 10th May.